

LEGACY PRIORITY: FAMILY & PARENTING

Goal Connection between communities, schools, agencies, and families leading to healthy development for children in greatest need in Goodhue County.

Community Health Objectives	Baseline
By December 31, 2023, decrease the percentage of low birthweight babies in Goodhue County. Source: MDH	4.9% 2016
By December 31, 2023, decrease the percentage of very low birthweight babies in Goodhue County. Source: MDH	1.1% 2016
By December 31, 2023, decrease the Goodhue County teen pregnancy rate for 15-19 year olds. Source: MDH	19.8% 2016
By December 31, 2023, decrease the total number of child protection assessments and investigations per year in Goodhue County. Source: GCHHS	233 2015
By Fall 2023, increase the number of children assessed as developmentally ready for Kindergarten in the Red Wing School District. Source: Red Wing KSEP	82% Fall 2016
By Dec. 31, 2023, decrease the percentage of Goodhue County mothers who smoked during pregnancy. Source: MDH	17.0% 2016

Action Plan Objectives	Baseline
L-1a. By December 31, 2023, increase the percentage of children ages 0-3 eligible for early intervention services identified by school districts (referred for services) before early childhood screening.	TBD
L-1b. By December 31, 2023, expand the number of families served by evidence-based home visiting programs such as Early Head Start and Healthy Families of Southeast Minnesota.	10 2017
L-1c. By December 31, 2023, representatives from each home visiting program will meet 1 time per year so home visiting personnel know the criteria for other home visiting programs in order to make referrals.	0 2017

Alignment with State/National Priorities

Healthy Minnesota 2022

- Priority 1: The opportunity to be healthy is available everywhere and for everyone.
- Priority 1 Key condition: Positive early life experience

Healthy People 2020

- EMC-1 (Developmental) Increase the proportion of children who are ready for school in all five domains of healthy development: physical development, social-emotional development, approaches to learning, language, and cognitive development
- FP-8.1 Reduce pregnancies among adolescent females aged 15 to 17 years. FP-8.2 Reduce pregnancies among adolescent females aged 18 to 19 years.
- IVP-38. Reduce nonfatal child maltreatment
- MICH-8.1 Reduce low birth weight (LBW). MICH-8.2 Reduce very low birth weight (VLBW).
- MICH-11.3 Increase abstinence from cigarette smoking among pregnant women.

National Prevention Strategy

- Mental and Emotional Well-being Recommendation 1. Promote positive early childhood development, including positive parenting and violence-free homes.

Legacy Priority Action Plan

Strategy L-1 Home visiting

According to What Works for Health, early childhood home visiting programs are **scientifically supported** to reduce child maltreatment, reduce child injury, improve cognitive skills, improve social-emotional skills, improve parenting, improve birth outcomes, and improve economic security (County Health Rankings, 2018). “Home visiting programs” include regular visits with a nurse, social worker, parent educator, paraprofessional, teacher, or other trained personnel to provide information, support, and/or training regarding child health, development, and care for at-risk expectant parents and families with young children based on families’ needs.

In 2018, there are several organizations offering different home visiting programs to Goodhue County families:

- **GCHHS Family Home Visiting:** Public health family home visiting practice is grounded in empirically-based research (Minnesota Department of Health - Community & Family Health Division, 2012).
- **GCHHS Healthy Families America:** According to HomVEE, the Healthy Families America model has **favorable results in high or moderate studies** of impacts on maternal health, child health, child development and school readiness, reductions in child maltreatment, family economic self-sufficiency, and linkages and referrals (U.S. Department of Human Services, 2018). Healthy Families of Southeast Minnesota uses the Growing Great Kids Curriculum (great kids, inc., 2017).
- **GCHHS Parent Support Outreach Program:** A report prepared for the Minnesota Department of Human Services found that the Parent Support Outreach Program increased services and referrals to community services and provided support for families in the form of transportation, financial assistance, help with housing and the like (Loman, Shannon, Sapokaite, & Siegel, 2009).
- **Three Rivers Head Start:** Three Rivers Head Start serves children ages 3 to 5 in the classroom and has a home visiting component as well.
- **Three Rivers Early Head Start:** According to What Works for Health, Early Head Start is **scientifically supported** and expected beneficial outcomes include improved cognitive skills, improved social-emotional skills, and improved family functioning (County Health Rankings, 2014). Three Rivers Community Action uses the Partners for Healthy Babies curriculum.
- **School Birth to 3 programs (Early Childhood Special Education Infant and Toddler Intervention):** Schools’ Early Childhood Special Education programs for children ages birth to three with developmental delays or disabilities are recommended by informed clinical opinion as well as observation and normative testing.

Action Plan Objectives	Activity	Target Date	Partners	Lead Person/ Organization Responsible	Progress Notes
L-1a. By December 31, 2023, school districts will increase the percentage of children ages 0-3 eligible for early intervention services identified (referred for services) before early childhood screening.	Increase Follow Along Program return rate, to ensure enrolled families get referrals to early intervention services if needed.	12/31/2019	GCHHS, Every Hand Joined, SMIF	Follow Along Nurse, GCHHS	
	Formal and informal promotion for Minnesota Help Me Grow (information regarding child development and how to make a referral).	12/31/2023	Red Wing Public School and GCED staff, GCHHS, Region 10 IEIC	Early Childhood Services Coordinator, Red Wing Public Schools	

Action Plan Objectives	Activity	Target Date	Partners	Lead Person/ Organization Responsible	Progress Notes
L-1b. By December 31, 2023, expand the number of families served by evidence-based home visiting programs such as Early Head Start and Healthy Families of Southeast Minnesota.	Apply for grant to add another 30 EHS spots between Goodhue & Wabasha counties	5/1/2019	Three Rivers Community Action	Head Start Director, Three Rivers Community Action	
	Public health will receive 16-week prenatal referrals of Goodhue County residents from Mayo Clinic Health System clinics	12/31/2019	Mayo Clinic Health System, GCHHS	Family Health Supervisor, GCHHS	
	Enroll 15 Goodhue County families in Healthy Families of SE Minnesota 2019 (HFA model) and grow to serve 25 families in 2020	12/31/2020	GCHHS	Family Home Visiting Coordinator (Healthy Families of America Program Manager), GCHHS	
	Support participation of families in the Healthy Families of SE Minnesota board through child care, transportation, meals, payment for time, etc.)	12/31/2020	GCHHS	Family Home Visiting Coordinator (Healthy Families of America Program Manager), GCHHS	
L-1c. By December 31, 2023, representatives from each home visiting program will meet 1 time per year so home visiting personnel know the criteria for other home visiting programs in order to make referrals.	Annual 90 minute meeting among agencies that provide home visiting to learn about each other's criteria and discuss how to achieve other objectives.	12/31/2023	GCHHS, Three Rivers, Red Wing Public Schools, and GCED	Healthy Communities Supervisor, GCHHS	
	Explore ways to connect the work of this meeting with the existing Every Hand Joined Early Childhood Network.	12/31/2023	Every Hand Joined	Healthy Communities Supervisor, GCHHS	

Plans for Sustaining Action & Monitoring Implementation	Progress Notes
<p>Resources for Implementation</p> <ul style="list-style-type: none"> • Goodhue County Education District, Red Wing Public School District, Three Rivers Community Action, and Goodhue County Health and Human Services all have separate sources of ongoing funding for their home visiting programs. • Minnesota Department of Health awarded a 3-year grant in 2018 to implement Healthy Families of Southeast MN home visiting program in 7 counties. • GCHHS is applying to Southern Minnesota Initiative Foundation for additional funds to increase Follow Along Referrals. • Three Rivers Community Action is applying for a Minnesota Department of Health evidence-based home visiting grant. • Goodhue County Health and Human Services will contribute up to \$500 in 2019 to support implementation. This funding comes from Minnesota’s Local Public Health Act. 	
<p>Participation of Stakeholders & Partners in Monitoring Implementation</p> <ul style="list-style-type: none"> • Home visiting meetings will include agency representatives from each home visiting program and Every Hand Joined. The Healthy Communities Supervisor (GCHHS) will facilitate the group, and the group will explore how they can be self-sustainable. • The Community Health Assessment committee will receive an update at least annually. 	
<p>Process for Revising the Action Plan</p> <ul style="list-style-type: none"> • The Healthy Communities Supervisor will contact each home visiting agency as needed for data, progress notes, and pictures. • During the annual home visiting meeting, the group will discuss the progress notes and make revisions to the action plan. 	

HOME VISITING ACTION TEAM Facilitator: Ruth Greenslade, Healthy Communities Supervisor (GCHHS)

Home Visiting Action Team	Organizational Affiliation
Jane Adams Barber	Head Start Director, Three Rivers Community Action
Rene Arendt	Social Worker, Goodhue County Education District
Jeanne Freier	Family Home Visiting Coordinator (Healthy Families of America Program Manager), Goodhue County Health and Human Services
Brooke Hawkenon	Family Health Supervisor, Goodhue County Health and Human Services
Min Martin-Oakes	Early Childhood Services Coordinator, Red Wing Public Schools and Goodhue County Education District
Amy Merschbrock	Parent Support Outreach Program, Goodhue County Health and Human Services
Aimee Clites	Collective Impact Specialist, Every Hand Joined

2014 GOODHUE COUNTY HOME VISITING MATRIX

GOODHUE COUNTY HOME VISITING MATRIX

Organization	Program	# Visits	Who Visits	Who Qualifies	Child Age	Service Area	Notes
Goodhue County Health and Human Services	FAMILY HOME VISITING	Varies based on need	Public Health Nurse	Anyone Target: low-income (200% poverty), teen pregnancy, high risk	prenatal-18 years	Goodhue County	
	PARENT SUPPORT OUTREACH PROGRAM	Varies based on need	Social Worker	"Screened out" maltreatment reports, self-referrals, community referrals	0-10 years	Goodhue County	New in 2013
Three Rivers Community Action, Inc.	HEAD START	Varies based on need (minimum 2 per year)	Teacher/ Family Advocate	Under 100% federal poverty level or homeless or in foster care	3-5 years	Goodhue County —1 classroom in Zumbrota and 2 in Red Wing	
	EARLY HEAD START	48 weeks per year, 2 hours per visit	Teacher	Under 100% federal poverty level or homeless or in foster care	prenatal-3 years	Goodhue County	New in 2015
Goodhue County Education District	EARLY CHILDHOOD SPECIAL EDUCATION (ECSE) BIRTH TO THREE	Varies based on Individual Family Service Plan (IFSP)	Teacher or Other Professional	Diagnosed condition, 1 or more significant delay, or clinical opinion	0-3 years	Cannon Falls, Goodhue, K-W, and Z-M school districts*	
Red Wing Public Schools	ECSE BIRTH TO THREE	Same as above	Same as above	Same as above	Same as above	Red Wing School District*	
Zumbro Valley Education District	ECSE BIRTH TO THREE	Same as above	Same as above	Same as above	Same as above	Pine Island School District*	

*Note: Schools' Early Childhood Family Education (ECFE) and School Readiness Programs may also provide some early childhood home visits.