

POWER OUTAGE and ELECTRICAL MEDICAL DEVICES PLANNING WORKSHEET



Are you prepared for a power outage? During power outages law enforcement, fire departments, EMS, and dispatch are responding to increased call volumes due to automated alarm systems alerting, stop lights not functioning, and people panicking. The power company is responding to identify and fix the reason for the outage. Being prepared with back-up power, alternate solutions, and people to help you can mean the difference between a life-threatening event and just a slightly difficult time.

This worksheet is a starting point to help you and your caregivers identify your electricity needs. Fill it out as best you can. Plan for the help you need.

Function	Type of Equipment	Does it have back up power? If 'yes' what type?	Does back-up power start automatically or do you need to do something?	How long does it last?	Is there another way to get the same result without electricity?	How long can the alternate method last?	How many people know how to help you AND know when you need their help?	Who can you call to get help to come to you <u>before</u> it's at a point where you have to call 911?	What action plans* do you need to take / have in place in the event of a long-term power outage?
Breathing	Ventilator / Respirator								
	Oxygen Concentrator								
	C-PAP / Bi-PAP								
Moving	EZ Stand or other electrical lift								
	Electric Wheelchair								
Resting	Electric "Hospital" Bed								
	Lift Chair								
Medical	Monitor / Testing								
	Medication Dispenser or Refrigeration								
Communicating	Assistive Listening								
	Augmentative Communication (AAC)								
	Alerting Device								
	LifeLine / Life Alert								
Other									

Remember to keep a flashlight handy incase you need to take action during a night time power outage.

***Action Plans** are how to get the help you need. They can range from getting help to come to you, getting ice for medicine, going to the home of friend/relative who has power, or going to a local hospital.

For more ideas and other information regarding being prepared for power outages or an emergency event, check out the following resources:

Americans with Disabilities Act National Network

<https://adata.org/factsheet/emergency-power>

1-800-949-4232

FEMA Ready.Gov, Individuals with Disabilities

<https://www.ready.gov/individuals-access-functional-needs>

Centers for Disease Control and Prevention, Safety and Children with Disabilities

<https://www.cdc.gov/ncbddd/disabilityandsafety/index.html>

1-800-CDC-INFO (1-800-232-4636); TTY 1-888-232-6348