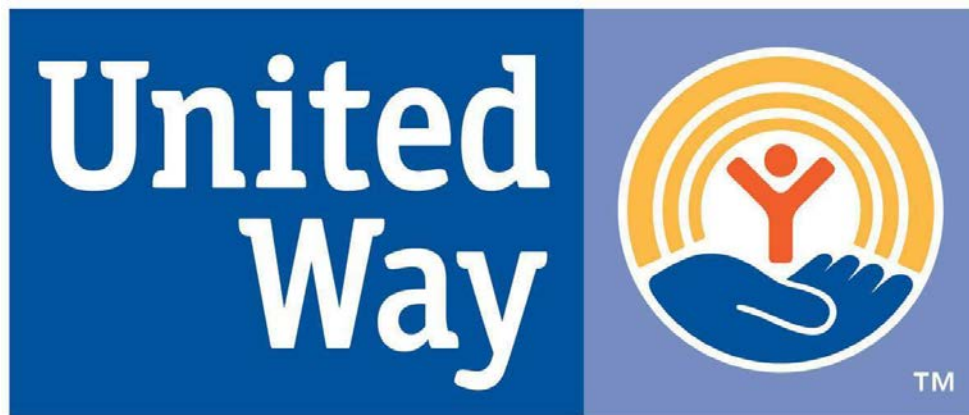


Goodhue County



People's Pamphlet

September 2017

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Addiction Support Programs

Alcoholics Anonymous

Prairie Island	1-651-385-4185
Red Wing	1-651-388-2949
United Lutheran	1-651-388-3583
Al-Anon	1-651-388-9360
Chemical Health Initiative of Goodhue County	1-651-385-3307
Gamblers Anonymous	1-800-333-4673
Narcotics Anonymous	1-877-767-7676

Children's Services

Child Care Resource & Referral	1-800-462-1660
Children Safety Center	1-651-388-9360
Goodhue County Health & Human Services (Public Health)	1-651-385-3200
Minnesota Child Care Assistance Program	1-651-385-3200
Kids Count Abused Children's Program	1-651-388-9360
Red Wing Youth Outreach	1-651-388-3371
Runaway Hot Line	1-800-621-4000
ARC SE MN	1-888-732-8520

Disabilities

ProAct, Red Wing	1-651-388-7108
ProAct, Zumbrota	1-507-732-7888
Minnesota Hand & Voices	1-651-265-2435
Toll Free	1-866-346-4543
TTY	1-651-265-2379

Opportunity Services	1-651-388-1854
Vocational Rehabilitation Services	1-651-385-6486
Disability Hub MN	1-866-333-2466
Minnesota Relay	7-1-1
RideAbility	1-507-356-8154
SEMCIL	1-651-388-0466

SILS and Residential

Cardinal	1-507-281-1077
Howry	1-651-395-5101
Lutheran Social Services	1-651-388-8845
REM	1-651-388-7158
Riverview Services - Wanamingo	1-507-824-2091

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Education

Cannon Falls Public Library	1-507-263-2804
Cannon Falls Public School District	1-507-263-6800
Colvill Family Center	1-651-385-8000
Community Education & Recreation	1-651-385-4565
Environmental Learning Center	1-651-388-7339
Goodhue Independent School District	1-651-923-4447
Head Start- Three Rivers	1-800-277-8418
Hispanic Outreach	1-651-301-2184
Imagination Library	1-651-388-6309

Kenyon Public Library	1-507-789-6821
Kenyon/Wanamingo School District	1-507-824-2211
Minnesota State College SE Technical-Red Wing	1-651-385-6300
Pine Island School District	1-507-356-4849
Red Cottage Montessori School	1-651-380-7249
Red Cross – SE MN Office	1-507-287-2200
Red Wing Public Library	1-651-385-3673
Red Wing School District	1-651-385-4500
Sunshine Corner Preschool	1-651-388-4724
Towerview Alternative High School	1-651-388-8963
Under the Rainbow Child Care Center	1-651-388-6433
Van Horn Public Library-Pine Island	1-507-356-8558
Wabasha-Kellogg Early Learning Programs	1-651-565-3559
Zumbrota Public Library	1-507-732-5211
Zumbrota/Mazeppa School District	1-507-843-4080

Emergency Numbers

Battered Women Hotline	1-800-369-5214
Goodhue County Mental Health Crisis Line	1-800-422-0670
Poison Control	1-800-222-1222
Red Cross	1-651-388-9166
SARA-Sexual Assault Crisis Line	1-800-519-6690
Salvation Army	1-651-388-9270

Non-Emergency Numbers

Cannon Falls Police	1-507-263-2278
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Goodhue Police	1-651-923-4880
Kenyon Police	1-507-789-5214
Lake City	1-651-345-3344
Pine Island	1-651-507-4070
Prairie Island	1-651-267-4000
Red Wing	1-651-385-3155
Wanamingo	1-651-385-3155
Zumbrota	1-651-385-3155

Employment

Express Personnel Services	1-651-388-6331
Minnesota Workforce Center	1-651-385-6402

Financial

AARP Tax Aide	1-888-687-2277
Community Care Fund	1-651-388-9360 ext. 10
Goodhue County Health & Human Services (Income Maintenance)	1-651-385-3200
Lutheran Social Services- Credit Counseling	1-888-577-2227
Medicare	1-800-633-4227
Salvation Army	1-651-388-9270
Salvation Army Heat Share	1-800-296-0406
Social Security	1-507-289-1667
Three Rivers Community Action (weatherization & fuel assistance)	1-800-277-8418
Xcel Personal Accounts Representative	1-800-331-5262

**Cold Weather Rule- October 15 to April 15
You must contact your utility provider to apply**

Food

Food Shelves:

Cannon Falls Food Shelf	1-507-298-1500
Kenyon Food Shelf	1-507-789-5261
Lake City Food Shelf	1-651-345-5855
Mazeppa Food Shelf	1-507-843-3800
Pine Island Sharing Shelves	1-507-356-2999
Red Wing Food Shelf	1-651-388-9302
Zumbrota Area Emergency Food Shelf	1-507-732-7330
Goodhue County Health & Human Services	1-651-385-3200
HOPE Coalition	1-651-388-9360
Loaves & Fishes- Red Wing	1-651-388-3262

Meals on Wheels:

St. Crispin Meals on Wheels (Red Wing)	1-651-385-5429 or 5436
Lake City Medical Center (evening meal)	1-651-345-3321
Sunset Home (Kenyon)	1-507-789-6134 ext.126
Three Rivers Community Action, Inc. (Cannon Falls, Goodhue, Pine Island, Wanamingo, & Zumbrota)	1-800-277-8418
Minnesota Food Helpline	1-888-711-1151
Mom's Meals	1-866-716-3257

Senior Dining Sites: (SEMCAC)

Meals, social events and dietary services in group settings

Cannon Falls	1-507-263-3956
Kenyon	1-507-789-6120
Lake City	1-651-345-5977

Pine Island	1-507-356-8991
Red Wing (Jordan Towers)	1-651-388-7571
Main office	1-800-944-3402
Wanamingo (10:00am – 1:00pm)	1-507-824-2995
Zumbrota	1-507-732-5086
WIC- Women, Infants, Children	1-651-385-6120

Health

Blind and Visually Impaired:

SE MN Services for the Blind	1-800-366-2715
CARE Clinic (Red Wing)	1-651-388-1022

Deaf and Hard of Hearing:

Telephone Equipment Distribution program	1-800-311-1148
Southern Minnesota Hearing Aid Bank program	1-800-311-1148
Goodhue County Health & Human Services	1-800-950-2142 or 1-651-385-3200

Home Care Agencies/Resources

ACCRA Home Health	1-651-388-1010
Recover Home Care	1-507-289-2411
Heartland Home Health Care	1-507-292-1170
Hiawatha Home Care	1-800-837-8898 or 1-651-388-2223
Interim HealthCare (Rochester)	1-507-200-1111
Prairie River Home Care (no longer does PCA)	1-507-252-9844
Recover Health Home Care	1-507-282-2246
Spectrum Homecare (Rochester)	1-507-282-8052

All of the above are Medicare certified home care agencies

Home Health Agency Hotline		1-800-369-7994
Home Instead Senior Care	1-888-285-1733 or	1-507-285-1700
Lutheran Social Services		1-651-388-8845
SEMCIL – PCA only	1-507-285-1815 or	1-651-388-0466

Hospice Care:

Faribault Area Hospice		1-507-332-4835
Heartland Home Health Care & Hospice	1-877-291-9498 or	1-507-292-1170
Mayo Health Care System Red Wing	1-888-845-3410 or	1-651-385-3410
Mayo Hospice Program		1-507-284-4002
MN Hospice Organization		1-866-290-4321
Season’s Hospice of Rochester		1-507-285-1930
St. Croix Hospice		1-507-281-5700

Life Choice Pregnancy Resource Center- Cannon Falls 1-507-263-8000

Lifeline Services:

Fairview		1-952-885-6185
Kenyon Area, District One		1-507-334-6451
Mayo Clinic Store		1-888-303-9354
Mayo Health Care System Cannon Falls		1-507-263-6000
Mayo Health Care System Red Wing	1-866-827-5039 or	1-800-242-1306 ext. 4518
Phillips Lifeline (MN 903 – program code)	1-800-368-2925 or	1-800-242-1306 ext. 4518

Mayo Health Care System Facilities:

Cannon Falls		1-507-263-6000
Lake City		1-651-345-3321
Red Wing		1-651-267-5000

Same Day Clinic and Walk-ins (Red Wing) 1-651-267-5000

Zumbrota 1-507-732-7314

Medical Supplies and Equipment:

Alliance Medical Supply 1-651-895-8040

American Home Patient 1-507-281-4884

Corner Home Medical Equipment 1-651-267-2414

Lincare (home respiratory) SPS 1-651-388-0722

Med City Mobility 1-507-334-2602

Wheelchair Ramp Build – SEMCIL 1-507-285-1815

Minnesota Care 1-800-657-3672

MN sure 1-855-366-7873

New Beginnings Family Services- Red Wing 1-651-267-4357

24-Hour Helpline 1-800-712-4357

WIC- Women, Infants, Children 1-651-385-6120

Housing

Assisted Living Facilities:

Deer Crest (Red Wing) 1-651-267-5444

Evergreen Place (Pine Island) 1-507-356-8585

Gunderson Gardens (Kenyon) 1-507-789-6134

Loving Residence (Red Wing) 1-651-388-1650

Potter Ridge (Red Wing) 1-651-388-1546

St. Brigid's at Hi Park (Red Wing) 1-651-388-1234

The Bridges of Zumbrota 1-507-732-8455

Twin Rivers (Cannon Falls) 1-507-263-3600

Valentines's (Red Wing) 1-651-388-5556

Long Term Care Facilities:

The Gardens (Cannon Falls) 1-507-263-4658

Kenyon Sunset Home 1-507-789-6134

Lake City Medical Center 1-651-345-3321

Pine Haven Care Center (Pine Island) 1-507-356-8304

Red Wing Health Center 1-651-388-4800

River Oaks Health Care Center (Lake City) 1-651-345-2713

St. Crispin (Red Wing) 1-651-385-3434 and for 24 hour 1-651-380-2109

Zumbrota Care Center 1-507-732-8400

Other housing options:

CommonBond- Maple Hills Apartments 1-651-388-2821

Habitat for Humanity 1-651-388-9360 ext. 32

HOPE Coalition 1-651-388-9360 ext. 28

Lutheran Social Services 1-651-388-3498

Red Wing Housing Authority 1-651-388-7571

SEMMCHRA 1-651-565-2638

Three Rivers Community Action 1-507-732-7391

Information & Referral

2-1-1 Information & Referral 2-1-1 or 1-800-543-7709

Child Care Resource Referral Service 1-800-462-1660

Disability Hub MN 1-866-333-2466

Hispanic Outreach of Goodhue County 1-651-301-2184

Immigrant Law Center of Minnesota 1-651-641-1011

Senior Linkage Line 1-800-333-2433

Legal Assistance

Housing Equality Law Project 1-866-292-0080

MN Department of Human Rights 1-800-657-3704

Ombudsperson 1-800-657-3591

PFLAG 1-651-388-9610

Red Wing Human Rights Commission 1-651-385-3634

Southern MN Regional Legal Services Intake – 1-888-575-2954 or 1-800-372-8168

Mental Health

Catholic Charities Counseling Services 1-651-388-9360 ext. 26

Covered Bridge Family Resources-Zumbrota 1-507-732-4136

Grief Support Program 1-651-267-5386

Hiawatha Valley Mental Health Center 1-651-327-2270

Mayo Clinic Health System 1-651-267-5000

National Alliance for the Mentally Ill 1-888-626-4435

Possibilities Therapeutic Services 1-651-301-1369

Suicide Prevention 1-800-784-2433

Senior Services

Elder Network 1-507-285-5272

Faith in Action- Red Wing 1-651-327-2400

Foster Grandparent Program 1-888-205-3770

Grief Support 1-651-385-3412

Pier 55 Red Wing Area Seniors 1651-327-2255

Pine Island Area Home Services 1-507-356-2999

Quality Career Services	1-651-385-3352
SEMCAC-Senior Dining	1-651-388-9875
St. Crispin Meals on Wheels	1-651-385-5429 or 1-651-385-5436
Senior LinkAge Line	1-800-333-2433
Seniors Helping Seniors	1-651-267-3599
Three Rivers Community Action	1-507-732-7391

Transportation

Action Volunteers (Lake City)	1-507-534-1244
American Cancer Society	1-651-388-3321
Corporate Car and Coach	1-651-388-8800
Dave's Taxi	1-651-307-1708
Faith in Action	1-651-327-2400
Handi-Van	1-507-281-3600
Hiawathaland Transit	1-866-623-7505
Pine Island Area Home Services	1-507-356-2999
The Taxi Company-Red Wing	1-651-385-8294
Red Wing Mobility	1-651-388-9215
R & S Transport	1-800-656-5080
Three Rivers Transportation	1-866-623-7505

Used Furniture & Clothing

Annadee's Closet	1-651-388-7031
Connecting Connection	1-651-388-1900
Salvation Army	1-651-388-9270
Wise Penny Thrift Store	1-651-385-0565

Veteran's Services

Veteran's medical rides to a VA hospital 1-651-385-3256

Victim Assistance

Battered Women Hotline 1-800-369-5214

Child Help National Abuse Helpline 1-800-422-4453

Goodhue County Health & Human Services 1-651-385-3232

Haven of Hope- Domestic Violence 1-651-385-8601

MN Domestic Violence Resource 1-612-565-4114

National Domestic Abuse Hotline 1-800-799-7233

SARA- Sexual Assault Resource Agency 1-800-519-6690

Helpful Websites

www.minnesotahelp.info

www.healthcare.gov

www.mn.bridgetobenefits.org

www.mhfa.state.mn.us

www.freephonemn.org

www.lawhelpmn.org

www.211.org

