

2017 GOODHUE COUNTY COMMUNITY HEALTH ASSESSMENT ANNEXES

F: Our Customers' Health, August 2017

This report compares the responses of Goodhue County Health and Human Services walk-in customers to the general adult population results shown in Annexes D and E. Walk-in customers who completed the survey were more likely to be low income and were more racially diverse than the mailed survey respondents. The intent of this report is to raise awareness and to advance health equity.

OUR CUSTOMERS' HEALTH

A convenience sample of walk-in customers showed inequities in health outcomes and inequities in the community conditions that create health compared to the general adult population of Goodhue County. Walk-in customers who completed the survey were more likely to be low income and were more racially diverse than the mailed survey respondents. The intent of this report is to raise awareness and to advance health equity.

*2015 Goodhue
County Community
Health Needs
Assessment Survey
Convenience Sample
of Goodhue County
Health and Human
Services Customers*

August 2017



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Introduction

Goodhue County and Mayo Clinic Health System, with other partners, conducted a random sample mailed Community Health Needs Assessment survey in 2015. Since addresses were randomly selected, and an acceptable response rate was achieved (33.4%, with 1,002 out of 3000 surveys returned), the results of the mailed survey are considered representative of the 46,500 Goodhue County adult population. The mailed survey results are weighted for age and gender because older adults and women were more likely to return surveys than younger adults and men. A data book and summary of the survey results are available.

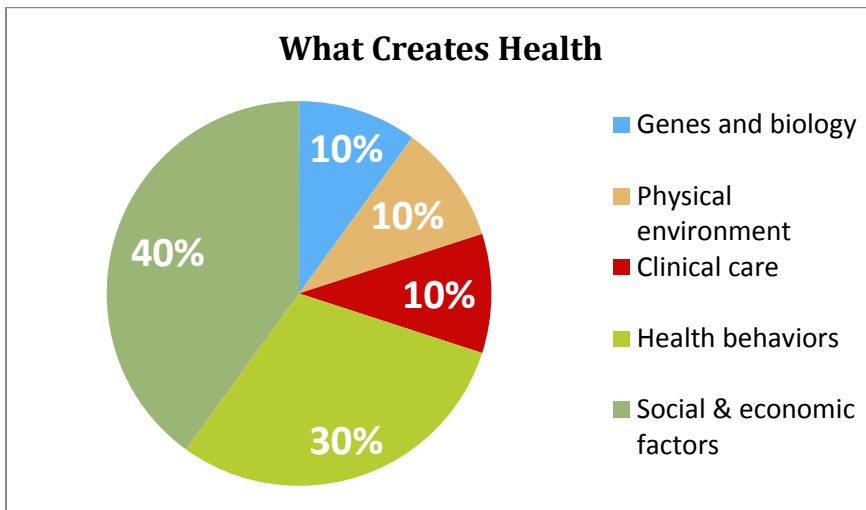
Goodhue County Health and Human Services conducted an additional convenience sample. GCHHS front desk staff asked GCHHS customers in the lobby to complete the same survey tool used in the mailed survey. In exchange for the completed survey, they gave the customers a \$5 Walmart gift card. Customers were more likely to be low income and were more racially diverse than the mailed survey respondents.

Because the results reported here are from a convenience sample, differences between the convenience sample results and the general adult population random sample results are described generally, for example “more likely” and “much more likely.” It is not possible to make exact

comparisons such as “twice as likely” or “20 percentage points higher.” Percentages given are the percent of Goodhue County Health and Human Services customers who filled out the survey. It is not appropriate to generalize this convenience sample to the entire low income population or the entire population of communities of color.

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This report begins by describing the demographics of the convenience sample and inequities in health outcomes. Then it describes differences in the factors that create health: physical environment, clinical care, health behaviors, and social and economic factors. We often remember our genes, our behaviors, and our clinical care when we think about our health. The model below reminds us that our physical environment and social and economic impact health too.



Determinants of Health Model based on framework developed by Tarlov AR. *Ann NY Acad Sci* 1999; 896: 281-93; and Kindig D, Asada Y, Booske B. *JAMA* 2008; 299(17): 2081-2083.

This survey was supported by the Statewide Health Improvement Partnership, Minnesota Department of Health.

Demographics

- More likely to be **female**
GCHHS customers who filled out the survey were more likely to be female (88%) compared with the general adult population of Goodhue County (51%). See question 62.
- More likely to be **gay, lesbian, homosexual, bisexual, or other**
GCHHS customers who filled out the survey were more likely to be gay, lesbian, homosexual, bisexual, or other (18%) compared with the general adult population of Goodhue County (2%). See question 63.
- More likely to be **age 18-44**
GCHHS customers who filled out the survey were more likely to be age 18-34 (39%) compared with the general adult population of Goodhue County (24%). See question 64.
- More likely to be **American Indian, Black, Hispanic, or other race/ethnicity**
GCHHS customers who filled out the survey were more likely to be American Indian, black, Hispanic, or other race/ethnicity (21%) compared with the general adult population of Goodhue County (4%). See questions 65-66e.
- More likely to be from **Red Wing**
GCHHS customers who filled out the survey were more likely to be from Red Wing, zip code 55066 (81%), compared with the general adult population of Goodhue County who filled out the mailed survey (42%).

Health Outcomes

- More likely to report **fair or poor health**
GCHHS customers who filled out the survey were more likely to report fair or poor health (40%) compared with the general adult population of Goodhue County (9%). See question 1.
- More likely to report **poor physical health days in the last 30 days**
GCHHS customers who filled out the survey were more likely to report poor physical health in the last 30 days (72%) compared with the general adult population of Goodhue County (35%). See question 6.
- More likely to report **poor mental health days in the last 30 days**
GCHHS customers who filled out the survey were more likely to report poor mental health in the last 30 days (82%) compared with the general adult population of Goodhue County (33%). See question 13.
- Much more likely to have **diabetes**
GCHHS customers who filled out the survey were much more likely to have diabetes (21%) compared with the general adult population of Goodhue County (7%). See question 2c.
- More likely to have **arthritis**
GCHHS customers who filled out the survey were more likely to have arthritis (35%) compared with the general adult population of Goodhue County (21%). See question 2k.
- Much more likely to have **asthma**
GCHHS customers who filled out the survey were much more likely to have asthma (37%) compared with the general adult population of Goodhue County (13%). See question 2p.
- Much more likely to have **mental health problems**
GCHHS customers who filled out the survey were much more likely to have mental health problems (75%) compared with the general adult population of Goodhue County (25%). See questions 2l-2n.
 - Much more likely to have **depression**
GCHHS customers who filled out the survey were more likely to have depression (67%) compared with the general adult population of Goodhue County (19%). See question 2l.
 - Much more likely to have **anxiety or panic attacks**
GCHHS customers who filled out the survey were much more likely to have anxiety or panic attacks (62%) compared with the general adult population of Goodhue County (17%). See question 2m.
 - Much more likely to have **other mental health problems**
GCHHS customers who filled out the survey were much more likely to have other mental health problems (35%) compared with the general adult population of Goodhue County (3%). See question 2n.

Health Factors > *Health Behaviors* > Eating Habits

- Less likely to have **eaten more than 2 servings of vegetables yesterday**
GCHHS customers who filled out the survey were less likely to eaten more than 2 servings of vegetables yesterday (18%) compared with the general adult population of Goodhue County (28%). See question 23.
- More likely to have **drunk fruit juice (1 or more 6 ounce servings) yesterday**
GCHHS customers who filled out the survey were more likely to have drunk fruit juice yesterday (63%) compared with the general adult population of Goodhue County (37%). See question 22.
- More likely to **have drunk pop (1 or more glasses) yesterday**
GCHHS customers who filled out the survey were more likely to have drunk pop yesterday (54%) compared with the general adult population of Goodhue County (32%). See question 24b.
- More likely to **have drunk 3 or more sports/energy drinks yesterday**
GCHHS customers who filled out the survey were more likely to have drunk 3 or more sports/energy drinks yesterday (8%) compared with the general adult population of Goodhue County (1%). See question 24d.
- Less likely to **eat out at a fast food place in an average week**
GCHHS customers who filled out the survey were less likely to eat out at a fast food place in an average week (50%) compared with the general adult population of Goodhue County (62%). See question 25a.
- Less likely to **eat a home cooked meal more than 2 times a week**
GCHHS customers who filled out the survey were less likely to eat a home cooked meal more than 2 times a week (88%) compared with the general adult population of Goodhue County (98%). See question 25f.
- Less likely to **buy food at a small grocery store in a typical month**
GCHHS customers who filled out the survey were less likely to buy food at a small grocery store in a typical month (66%) compared with the general adult population of Goodhue County (77%). See question 26b.
- More likely to **buy food at a convenience store/gas station in a typical month**
GCHHS customers who filled out the survey were more likely to buy food at a convenience store/gas station in a typical month (73%) compared with the general adult population of Goodhue County (59%). See question 26c.

What is “Healthy” About Your Community?

“People are mostly trying to live a healthy lifestyle by eating organic, local food. The ones that are succeeding are the ones that have the cash to afford to and the knowledge to prepare these healthy foods.”

GCHHS Customer

- More likely to **buy or get food from some other place** in a typical month
GCHHS customers who filled out the survey were more likely to buy or get food from some other place in a typical month (25%) compared with the general adult population of Goodhue County (13%). See question 26f.
- Less likely to **buy food at a farmer’s market or vegetable stand** during the growing season
GCHHS customers who filled out the survey were less likely to buy food at a farmer’s market or vegetable stand during the growing season (53%) compared with the general adult population of Goodhue County (67%). See question 27a.
- Less likely to **grow food at home/in a community garden** during the growing season
GCHHS customers who filled out the survey were less likely to grow food at home/in a community garden during the growing season (24%) compared with the general adult population of Goodhue County (62%). See question 27c.
- More likely to **usually go 10 miles or less (one way) to get groceries** 28
GCHHS customers who filled out the survey were more likely to usually go 10 miles or less (one way) to get groceries (86%) compared with the general adult population of Goodhue County (56%). See question 28.
- More likely to **have used a food shelf** in the past 12 months
GCHHS customers who filled out the survey were more likely to have used a food shelf in the past 12 months (72%) compared with the general adult population of Goodhue County (4%). See question 31.
- More likely to **strongly agree or agree fresh fruits and vegetables are too expensive**
GCHHS customers who filled out the survey were more likely to strongly agree or agree fresh fruits and vegetables are too expensive (76%) compared with the general adult population of Goodhue County (48%). See question 32a.
- More likely to **strongly agree or agree fruits and vegetables are difficult to prepare**
GCHHS customers who filled out the survey were more likely to strongly agree or agree fresh fruits and vegetables are difficult to prepare (18%) compared with the general adult population of Goodhue County (7%). See question 32b.

What is “Unhealthy” About Your Community?

“Not enough health
food stores.”

GCHHS Customer

“Obesity and lack of
eating nutritionally”

GCHHS Customer

“There are too many
fast food places.”

GCHHS Customer

Health Factors > *Health Behaviors* > Activity

- Less likely to **have done any physical activities or exercise** in the past month
GCHHS customers who filled out the survey were less likely to have done any physical activities or exercise in the past month (65%) compared with the general adult population of Goodhue County (76%). See questions 34.
- Less likely to **spend workdays mostly sitting**
GCHHS customers who filled out the survey were less likely to spend workdays mostly sitting (3.9%) compared with the general adult population of Goodhue County (29.1%). See questions 33.
- Less likely to **usually do exercise or physical activities at home**
GCHHS customers who filled out the survey were less likely to usually do exercise or physical activities at home (55%) compared with the general adult population of Goodhue County (68%). See questions 37a
- More likely to **use walking paths or trails**
GCHHS customers who filled out the survey were more likely to use walking paths or trails (63%) compared with the general adult population of Goodhue County (58%). See question 38a.
- Less likely to **use bicycle paths or bike lanes**
GCHHS customers who filled out the survey were less likely to use bicycle paths or bike lanes (27%) compared with the general adult population of Goodhue County (37%). See question 38b.
- Much more likely to **use public swimming pools/water parks**
GCHHS customers who filled out the survey were much more likely to use public swimming pools/water parks (67%) compared with the general adult population of Goodhue County (22%). See question 38c.
- More likely to **use parks or sports fields**
GCHHS customers who filled out the survey were more likely to use parks or sports fields (63%) compared with the general adult population of Goodhue County (42%). See question 38e.
- More likely to **use a health club, fitness center, or gym**
GCHHS customers who filled out the survey were more likely to use a health club, fitness center, or gym (36%) compared with the general adult population of Goodhue County (24%). See question 38h.

What is “Healthy” About Your Community?

“There is a lot of push
for walking and biking
with all the trails and
walking to school.”

GCHHS Customer

“The amount of
exercise we have in the
community”

GCHHS Customer

Health Factors > *Health Behaviors* > Alcohol, Tobacco, and Marijuana

- Much more likely to be a **current cigarette smoker**
GCHHS customers who filled out the survey were much more likely to be a current cigarette smoker (45%) compared with the general adult population of Goodhue County (8%). See question 43.
- More likely to be a **current e-cigarette user**
GCHHS customers who filled out the survey were more likely to be a current e-cigarette user (12%) compared with the general adult population of Goodhue County (2%). See question 45d.
- More likely to be a **current marijuana user**
GCHHS customers who filled out the survey were more likely to be a current marijuana user (14%) compared with the general adult population of Goodhue County (2%). See question 45f.
- Much more likely to **experience someone (including themselves) regularly smoking in their home**
GCHHS customers who filled out the survey were much more likely to experience someone (including themselves) regularly smoking in their home (36%) compared with the general adult population of Goodhue County (3%). See question 46.
- Much less likely to **drink alcohol in the past 30 days**
GCHHS customers who filled out the survey were much less likely to drink alcohol in the past 30 days (35%) compared with the general adult population of Goodhue County (73%). See question 53.

Health Factors > *Health Behaviors* > Driving Behaviors

- Less likely to **make or answer a call while driving**
GCHHS customers who filled out the survey were less likely to make or answer a call while driving (68%) compared with the general adult population of Goodhue County (78%). See question 58b.
- Much more likely to **never wear a seat belt**
GCHHS customers who filled out the survey were much more likely to never wear a seat belt (12%) compared with the general adult population of Goodhue County (1%). See question 59.

What is “Unhealthy” About Your Community?

“Too many bars and
liquor stores”

GCHHS Customer

“The normal drug and
drinking problems
found in small towns”

GCHHS Customer

“People smoking and
drinking and driving”

GCHHS Customer

Health Factors > *Clinical Care*

- More likely to have **had their blood cholesterol checked** within the past year
GCHHS customers who filled out the survey were more likely to have had their blood cholesterol checked within the past year (77%) compared with the general adult population of Goodhue County (59%). See question 4f.
- More likely to have **had a pap test** within the past year
GCHHS customers who filled out the survey were more likely have had a pap test within the past year (48%) compared with the general adult population of Goodhue County (28%). See question 4k.
- More likely to have **had a general health exam** within the past year
GCHHS customers who filled out the survey were more likely to have had a general health exam within the past year (79%) compared with the general adult population of Goodhue County (62%). See question 4m.
- Much more likely **to be uninsured**
GCHHS customers who filled out the survey were much more likely to be uninsured (16%) compared with the general adult population of Goodhue County (2%). See question 18.
- More likely to use a **free clinic when sick or needing advice about health**
GCHHS customers who filled out the survey were more likely to use a free clinic when sick or needing advice about health (8%) compared with the general adult population of Goodhue County (0%). See question 3.
- Much more likely **to use the emergency room when sick or needing advice about health**
GCHHS customers who filled out the survey were much more likely to use the emergency room when sick or needing advice about health (27%) compared with the general adult population of Goodhue County (4%). See question 3.
- More likely to use **an urgent care when sick or needing advice about health**
GCHHS customers who filled out the survey were more likely to use an urgent care when sick or needing advice about health (23%) compared with the general adult population of Goodhue County (11%). See question 3.
- Much more likely to **delay medical care**
GCHHS customers who filled out the survey were much more likely to delay medical care (42%) compared with the general adult population of Goodhue County (21%). See question 9.

What is “Healthy” About Your Community?

“Good hospitals and
doctors”

GCHHS Customer

- More likely to **delay medical care due to transportation problems**¹
GCHHS customers who filled out the survey were more likely to cite transportation problems (62%) compared with the general adult population of Goodhue County (3%). See question 10b.
- Less likely to **have had a dental exam** within the past year
GCHHS customers who filled out the survey were less likely to have had dental exam (46%) compared with the general adult population of Goodhue County (74%). See question 4b.
- Much more likely to **delay dental care**
GCHHS customers who filled out the survey were much more likely to delay dental care (42%) compared with the general adult population of Goodhue County (21%). See question 11.
- More likely to **delay dental care due to the dentist not accepting their insurance**²
GCHHS customers who filled out the survey were much more likely to delay dental care due to the dentist not accepting their insurance (38%) compared with the general adult population of Goodhue County (7%). See question 12f.
- More likely to have **had their doctor talk to them about stress**
GCHHS customers who filled out the survey were more likely to have had their doctor talk to them about stress (63%) compared with the general adult population of Goodhue County (34%). See question 8.
- More likely to have **had their doctor talk to them about mental health concerns**
GCHHS customers who filled out the survey were more likely to have had their doctor talk to them about mental health concerns (55%) compared with the general adult population of Goodhue County (30%). See question 8.
- Much more likely to **delay mental health care**
GCHHS customers who filled out the survey were much more likely to delay mental health care (22%) compared with the general adult population of Goodhue County (7%). See question 14.

***What is “Unhealthy”
About Your
Community?***

“Lack of mental health
resources / waiting
long periods of time”

GCHHS Customer

¹ This percentage is based on a small number of responses. 13 of 21 customers who delayed medical care (61.9%) gave this reason.

² This percentage is based on a small number of responses. 8 of 21 customers who delayed dental care (38.1%) gave this reason.

Health Factors > *Social and Economic Factors*

- Less likely to be **currently employed**
GCHHS customers who filled out the survey were less likely to be currently employed (37%) compared with the general adult population of Goodhue County (74%). See questions 74a-74h.
- More likely to have been in an **abusive relationship** in the last 12 months
GCHHS customers who filled out the survey were more likely to have been in an abusive relationship in the last 12 months (12%) compared with the general adult population of Goodhue County (1%). See question 41.
- Much more likely to often **worry about food running out** before having money to buy more
GCHHS customers who filled out the survey were much more likely to often worry about food running out before having money to buy more(48%) compared with the general adult population of Goodhue County (4%). See questions 30.
- Much more likely to **rent an apartment in a multifamily building**
GCHHS customers who filled out the survey were much more likely rent an apartment in a multifamily building (28%) compared with the general adult population of Goodhue County (6%). See question 51.
- Much less likely to **have access to a vehicle when needed**
GCHHS customers who filled out the survey were much less likely to have access to a vehicle when needed (59%) compared with the general adult population of Goodhue County (97%). See question 60.
- Less likely to **have education beyond a high school degree/GED**
GCHHS customers who filled out the survey were less likely to have education beyond a high school degree/GED (37%) compared with the general adult population of Goodhue County (73%). See question 72.
- Much more likely to **have household income less than \$35,000**
GCHHS customers who filled out the survey were much more likely to have household income less than \$35,000 (90%) compared with the general adult population of Goodhue County (19%). See question 73.
- Much more likely to **be unemployed**
GCHHS customers who filled out the survey were much more likely to be unemployed (22%) compared with the general adult population of Goodhue County (1%). See question 74d.

What is “Healthy” About Your Community?

“There are many people who are kind and willing to lend a hand and help people in need.”

GCHHS Customer

“It’s good, I do work part time and get SS.”

GCHHS Customer

“Calmer than cities”

GCHHS Customer

- **Less likely to be self-employed**
GCHHS customers who filled out the survey were less likely to be self-employed (2%) compared with the general adult population of Goodhue County (15%). See question 74b.
- **Less likely to be retired**
GCHHS customers who filled out the survey were less likely to be retired (4%) compared with the general adult population of Goodhue County (22%). See question 74g.
- **More likely to be unable to work because of a disability**
GCHHS customers who filled out the survey were more likely to be unable to work because of a disability (35%) compared with the general adult population of Goodhue County (3%). See question 74h.

***What is “Unhealthy”
About Your
Community?***

“Difficult to find child care for infants for mothers to work”

GCHHS Customer

“Some families cannot afford community ed”

GCHHS Customer

“Lack of mobility”

GCHHS Customer

Health Factors > *Physical Environment*

- Less likely to **report their community has public swimming pools/water parks**
GCHHS customers who filled out the survey were less likely to report their community has public swimming pools/water parks (68%) compared with the general adult population of Goodhue County (90%). See question 38c.
- Less likely to **report their community has parks or sports fields**
GCHHS customers who filled out the survey were less likely report their community has parks or sports fields (48%) compared with the general adult population of Goodhue County (52%). See question 38e.
- Less likely to **report their community has a health club, fitness center, or gym**
GCHHS customers who filled out the survey were less likely to report their community has a health club, fitness center, or gym (71%) compared with the general adult population of Goodhue County (86%). See question 38h.
- Less likely to **report their community has nearby waterways for activities**
GCHHS customers who filled out the survey were less likely to report their community has nearby waterways for activities (63%) compared with the general adult population of Goodhue County (76%). See question 38i.
- Much more likely to **have been in a car with someone smoking tobacco** in the past 7 days
GCHHS customers who filled out the survey were much more likely to have been in a car with someone smoking tobacco in the past 7 days (58%) compared with the general adult population of Goodhue County (9%). See question 47.
- Much more likely to have **been around someone smoking tobacco besides in their home/car** in the past 7 days
GCHHS customers who filled out the survey were much more likely to have been around someone smoking tobacco besides in their home/car in the past 7 days (52%) compared to the general adult population of Goodhue County (25%). See question 48.
- More likely to have **seen someone smoke tobacco in a park or recreation area**
GCHHS customers who filled out the survey were more likely to have seen someone smoke tobacco in a park or recreation area (71%) compared to the general adult population of Goodhue County (51%). See question 50.
- More likely to have **seen someone use an e-cigarette in Goodhue County**
GCHHS customers who filled out the survey were much more likely to have seen someone use an e-cigarette in Goodhue County (68%) compared to the general adult population of Goodhue County (57%). See question 49.

What is “Healthy” About Your Community?

“Cleaner environment”

GCHHS Customer

“Walking / biking /
outdoor spaces to
enjoy”

GCHHS Customer

Note: may not add to 100 due to rounding.

1. In general, would you say that your health is:

	Frequency	Valid Percent	General Adult Population
Valid Poor	6	12.0	0.9
Fair	14	28.0	7.8
Good	17	34.0	35.1
Very good	10	20.0	38.2
Excellent	3	6.0	18.0
Total	50	100.0	100.0
Missing System	2		
Total	52		

2A. Have you ever been told by a doctor or other health care professional that you had HIGH BLOOD PRESSURE/HYPERTENSION?

	Frequency	Valid Percent	General Adult Population
Valid Yes	11	21.2	28.8
No	39	75.0	69.6
Pregnancy	2	3.8	1.6
Total	52	100.0	100.0

2B. Have you ever been told by a doctor or other health care professional that you had PRE-HYPERTENSION?

	Frequency	Valid Percent	General Adult Population
Valid Yes	8	15.4	6.8
No	44	84.6	92.0
Total	52	100.0	98.8

2C. Have you ever been told by a doctor or other health care professional that you had DIABETES?

	Frequency	Valid Percent	General Adult Population
Valid Yes	11	21.2	6.9
No	40	76.9	0.5
Pregnancy	1	1.9	92.7
Total	52	100.0	100.0

2D. Have you ever been told by a doctor or other health care professional that you had PRE-DIABETES?

	Frequency	Valid Percent	General Adult Population
Valid Yes	5	9.6	7.9
No	46	88.5	91.3
Pregnancy	1	1.9	0.8
Total	52	100.0	100.0

2E. Have you ever been told by a doctor or other health care professional that you were OVERWEIGHT?

	Frequency	Valid Percent	General Adult Population
Valid Yes	22	42.3	38.0
No	30	57.7	62.0
Total	52	100.0	100.0

2F. Have you ever been told by a doctor or other health care professional that you had CANCER?

	Frequency	Valid Percent	General Adult Population
Valid Yes	5	9.6	10.8
No	47	90.4	89.2
Total	52	100.0	100.0

2G. Have you ever been told by a doctor or other health care professional that you had CHRONIC LUNG DISEASE?

	Frequency	Valid Percent	General Adult Population
Valid Yes	3	5.8	3.3
No	49	94.2	96.7
Total	52	100.0	100.0

2H. Have you ever been told by a doctor or other health care professional that you had HEART TROUBLE OR ANGINA?

	Frequency	Valid Percent	General Adult Population
Valid Yes	7	13.5	10.7
No	45	86.5	89.3
Total	52	100.0	100.0

2I. Have you ever been told by a doctor or other health care professional that you had a STROKE OR STROKE-RELATED HEALTH PROBLEMS?

	Frequency	Valid Percent	General Adult Population
Valid Yes	6	11.5	3.9
No	46	88.5	96.1
Total	52	100.0	100.0

2J. Have you ever been told by a doctor or other health care professional that you had HIGH CHOLESTEROL OR TRIGLYCERIDES?

	Frequency	Valid Percent	General Adult Population
Valid Yes	16	30.8	29.2
No	36	69.2	70.8
Total	52	100.0	100.0

2K. Have you ever been told by a doctor or other health care professional that you had ARTHRITIS?

	Frequency	Valid Percent	General Adult Population
Valid Yes	18	34.6	21.1
No	34	65.4	78.9
Total	52	100.0	100.0

2L. Have you ever been told by a doctor or other health care professional that you had DEPRESSION?

	Frequency	Valid Percent	General Adult Population
Valid Yes	35	67.3	18.5
No	17	32.7	81.5
Total	52	100.0	100.0

2M. Have you ever been told by a doctor or other health care professional that you had ANXIETY OR PANIC ATTACKS?

	Frequency	Valid Percent	General Adult Population
Valid Yes	32	61.5	16.5
No	20	38.5	83.5
Total	52	100.0	100.0

2N. Have you ever been told by a doctor or other health care professional that you had OTHER MENTAL HEALTH PROBLEMS?

	Frequency	Valid Percent	General Adult Population
Valid Yes	18	34.6	3.2
No	34	65.4	96.8
Total	52	100.0	100.0

2O. Have you ever been told by a doctor or other health care professional that you are/were OBESE?

	Frequency	Valid Percent	General Adult Population
Valid Yes	17	32.7	14.7
No	35	67.3	85.3
Total	52	100.0	100.0

2P. Have you ever been told by a doctor or other health care professional that you had ASTHMA?

	Frequency	Valid Percent	General Adult Population
Valid Yes	19	36.5	12.9
No	33	63.5	87.1
Total	52	100.0	100.0

2/W) Have you ever been told by a doctor or other health care professional that had ANY MENTAL HEALTH PROBLEMS?

	Frequency	Valid Percent	General Adult Population
Valid Yes	39	75.0	27.0
No	13	25.0	73.0
Total	52	100.0	100.0

3A. What kind of place do you usually go to when you are sick or need advice about your health-- DOCTOR'S OFFICE?

	Frequency	Valid Percent	General Adult Population
Valid Not checked	19	36.5	48.1
Checked	33	63.5	51.9
Total	52	100.0	100.0

3B. What kind of place do you usually go to when you are sick or need advice about your health-- A CLINIC?

	Frequency	Valid Percent	General Adult Population
Valid Not checked	33	63.5	52.6
Checked	19	36.5	47.4
Total	52	100.0	100.0

3C. What kind of place do you usually go to when you are sick or need advice about your health-- A FREE CLINIC?

	Frequency	Valid Percent	General Adult Population
Valid Not checked	48	92.3	100.0
Checked	4	7.7	0.0
Total	52	100.0	100.0

3D. What kind of place do you usually go to when you are sick or need advice about your health-- A TRIBAL CLINIC?

	Frequency	Valid Percent	General Adult Population
Valid Not checked	51	98.1	99.7
Valid Checked	1	1.9	0.3
Total	52	100.0	100.0

3E. What kind of place do you usually go to when you are sick or need advice about your health-- SOME OTHER HEALTH CENTER?

	Frequency	Valid Percent	General Adult Population
Valid Not checked	52	100.0	99.5
Valid Checked	0	0.0	0.5
Total	52	100.0	100.0

3F. What kind of place do you usually go to when you are sick or need advice about your health-- EMERGENCY ROOM?

	Frequency	Valid Percent	General Adult Population
Valid Not checked	38	73.1	96.3
Valid Checked	14	26.9	3.7
Total	52	100.0	100.0

3G. What kind of place do you usually go to when you are sick or need advice about your health-- URGENT CARE CLINIC?

	Frequency	Valid Percent	General Adult Population
Valid Not checked	40	76.9	88.6
Valid Checked	12	23.1	11.4
Total	52	100.0	100.0

3H. What kind of place do you usually go to when you are sick or need advice about your health-- NO USUAL PLACE?

	Frequency	Valid Percent	General Adult Population
Valid Not checked	51	98.1	98.7
Valid Checked	1	1.9	1.3
Total	52	100.0	100.0

3I. What kind of place do you usually go to when you are sick or need advice about your health-- SOME OTHER PLACE?

	Frequency	Valid Percent	General Adult Population
Valid Not checked	52	100.0	97.1
Valid Checked	0	0.0	2.9
Total	52	100.0	100.0

4A. When was the last time you had a FLU SHOT?

	Frequency	Valid Percent	General Adult Population
Valid Within the past year	30	57.7	59.3
Valid Within the past 2 years	3	5.8	7.6
Valid Within the past 5 years	6	11.5	9.7
Valid 5 or more years ago	6	11.5	8.5
Valid Never	7	13.5	14.8
Total	52	100.0	99.9

4B. When was the last time you had a DENTAL EXAM OR CLEANING?

	Frequency	Valid Percent	General Adult Population
Valid Within the past year	23	46.0	74.0
Valid Within the past 2 years	12	24.0	9.8
Valid Within the past 5 years	7	14.0	6.5
Valid 5 or more years ago	8	16.0	8.8
Valid Never	0	0.0	0.8
Total	50	100.0	99.9
Missing System	2		
Total	52		

4C. When was the last time you had a HEARING TEST?

	Frequency	Valid Percent	General Adult Population
Valid Within the past year	8	16.0	19.2
Valid Within the past 2 years	9	18.0	10.7
Valid Within the past 5 years	13	26.0	18.0
Valid 5 or more years ago	17	34.0	38.9
Valid Never	3	6.0	13.2
Total	50	100.0	100.0
Missing System	2		
Total	52		

4D. When was the last time you had an EYE EXAM?

	Frequency	Valid Percent	General Adult Population
Valid Within the past year	27	51.9	52.5
Valid Within the past 2 years	10	19.2	27.2
Valid Within the past 5 years	10	19.2	9.7
Valid 5 or more years ago	5	9.6	9.2
Valid Never	0	0.0	1.4
Total	52	100.0	100.0

4E. When was the last time you had a BLOOD PRESSURE CHECK?

	Frequency	Valid Percent	General Adult Population
Valid Within the past year	41	80.4	83.0
Within the past 2 years	5	9.8	10.0
Within the past 5 years	1	2.0	4.1
5 or more years ago	2	3.9	1.7
Never	2	3.9	1.2
Total	51	100.0	100.0
Missing System	1		
Total	52		

4F. When was the last time you had a BLOOD CHOLESTEROL CHECK?

	Frequency	Valid Percent	General Adult Population
Valid Within the past year	39	76.5	58.7
Within the past 2 years	5	9.8	16.7
Within the past 5 years	1	2.0	13.5
5 or more years ago	1	2.0	4.3
Never	5	9.8	6.7
Total	51	100.0	99.9
Missing System	1		
Total	52		

4G. When was the last time you had a BLOOD SUGAR CHECK?

	Frequency	Valid Percent	General Adult Population
Valid Within the past year	33	66.0	54.2
Within the past 2 years	5	10.0	15.1
Within the past 5 years	3	6.0	10.9
5 or more years ago	1	2.0	6.7
Never	8	16.0	13.2
Total	50	100.0	100.1
Missing System	2		
Total	52		

4H. When was the last time you had a SKIN CANCER SCREENING?

	Frequency	Valid Percent	General Adult Population
Valid Within the past year	15	29.4	20.7
Within the past 2 years	2	3.9	7.3
Within the past 5 years	1	2.0	8.4
5 or more years ago	3	5.9	8.3
Never	30	58.8	55.4
Total	51	100.0	100.1
Missing System	1		
Total	52		

4I. When was the last time you had a COLON CANCER SCREENING?

	Frequency	Valid Percent	General Adult Population
Valid Within the past year	10	20.4	11.5
Within the past 2 years	3	6.1	10.5
Within the past 5 years	6	12.2	16.4
5 or more years ago	1	2.0	11.2
Never	29	59.2	50.3
Total	49	100.0	99.9
Missing System	3		
Total	52		

4J. When was the last time you had a PROSTATE EXAM (MEN ONLY)?

	Frequency	Valid Percent	General Adult Population
Valid Within the past year	1	20.0	19.5
Within the past 2 years	0	0.0	15.8
Within the past 5 years	1	20.0	10.3
5 or more years ago	0	0.0	8.1
Never	3	60.0	46.3
Total	5	100.0	100.0
Missing System	1		
Total	6		

4K. When was the last time you had a PAP TEST (WOMEN ONLY)?

	Frequency	Valid Percent	General Adult Population
Valid Within the past year	19	47.5	28.2
Within the past 2 years	10	25.0	27.3
Within the past 5 years	3	7.5	19.7
5 or more years ago	5	12.5	21.1
Never	3	7.5	3.7
Total	40	100.0	100.0
Missing System	5		
Total	45		

4L. When was the last time you had a MAMMOGRAM (WOMEN ONLY)?

	Frequency	Valid Percent	General Adult Population
Valid Within the past year	20	45.5	44.2
Within the past 2 years	3	6.8	12.3
Within the past 5 years	2	4.5	8.4
5 or more years ago	1	2.3	5.5
Never	18	40.9	29.7
Total	44	100.0	100.1
Missing System	1		
Total	45		

4M. When was the last time you had a GENERAL HEALTH EXAM?

	Frequency	Valid Percent	General Adult Population
Valid Within the past year	41	78.8	61.6
Within the past 2 years	5	9.6	18.7
Within the past 5 years	3	5.8	10.5
5 or more years ago	2	3.8	7.3
Never	1	1.9	1.9
Total	52	100.0	100.0

5. Are you now trying to LOSE WEIGHT?

	Frequency	Valid Percent	General Adult Population
Valid Yes	25	50.0	48.3
No	25	50.0	51.7
Total	50	100.0	100.0
Missing System	2		
Total	52		

6. Thinking about your physical health, which includes physical illness and injury, for how many days during the PAST 30 DAYS was your physical health NOT GOOD?

	Frequency	Valid Percent	General Adult Population
Valid 0 days	13	27.7	65.1
1-9 days	18	38.3	24.5
10-19 days	4	8.5	4.1
20-29 days	6	12.8	2.2
All 30 days	6	12.8	4.1
Total	47	100.0	100.0
Missing System	5		
Total	52		

7. During the PAST 12 MONTHS, have you seen a doctor, nurse, or other health professional about your own health?

	Frequency	Valid Percent	General Adult Population
Valid Yes	40	80.0	76.9
No	10	20.0	23.1
Total	50	100.0	100.0
Missing System	2		
Total	52		

8a. Doctor discussed PHYSICAL ACTIVITY.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	17	42.5	35.3
Checked	23	57.5	64.7
Total	40	100.0	100.0

8b. Doctor discussed DIET or NUTRITION.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	26	65.0	55.1
Checked	14	35.0	44.9
Total	40	100.0	100.0

8c. Doctor discussed your WEIGHT.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	28	70.0	59.9
Checked	12	30.0	40.1
Total	40	100.0	100.0

8d. Doctor discussed SMOKING or OTHER TOBACCO USE.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	25	62.5	57.3
Checked	15	37.5	42.7
Total	40	100.0	100.0

8e. Doctor discussed STRESS.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	15	37.5	66.4
Checked	25	62.5	33.6
Total	40	100.0	100.0

8f. Doctor discussed MENTAL HEALTH CONCERNS.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	18	45.0	70.4
Checked	22	55.0	29.6
Total	40	100.0	100.0

9. During the PAST 12 MONTHS, was there a time when you thought you needed MEDICAL CARE, but DID NOT GET IT or DELAYED getting it?

	Frequency	Valid Percent	General Adult Population
Valid Yes	21	42.0	21.4
No	29	58.0	78.6
Total	50	100.0	100.0
Missing System	2		
Total	52		

8g. Doctor discussed FEELING SAFE AT HOME.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	25	62.5	67.4
Checked	15	37.5	32.6
Total	40	100.0	100.0

10a. I could NOT GET AN APPOINTMENT.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	16	76.2	86.2
Checked	5	23.8	13.8
Total	21	100.0	100.0

10b. I had TRANSPORTION PROBLEMS.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	8	38.1	97.3
Checked	13	61.9	2.7
Total	21	100.0	100.0

10c. I was TOO NERVOUS OR AFRAID.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	19	90.5	93.0
Checked	2	9.5	7.0
Total	21	100.0	100.0

10d. I did NOT think it was SERIOUS ENOUGH.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	15	71.4	55.2
Checked	6	28.6	44.8
Total	21	100.0	100.0

10e. It COST TOO MUCH.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	15	71.4	55.1
Checked	6	28.6	44.9
Total	21	100.0	100.0

10f. I did NOT HAVE INSURANCE.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	16	76.2	96.8
Checked	5	23.8	3.2
Total	21	100.0	100.0

10g. My INSURANCE DID NOT COVER IT.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	19	90.5	78.3
Checked	2	9.5	21.7
Total	21	100.0	100.0

10h. I did NOT KNOW WHERE TO GO.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	21	100.0	97.5
Checked			2.5
Total			100.0

10i. OTHER REASON

	Frequency	Valid Percent	General Adult Population
Valid Not checked	20	95.2	89.1
Checked	1	4.8	10.9
Total	21	100.0	100.0

11. During the PAST 12 MONTHS, was there a time when you thought you needed DENTAL CARE, but did NOT GET IT or DELAYED GETTING IT?

	Frequency	Valid Percent	General Adult Population
Valid Yes	21	42.9	19.7
No	28	57.1	80.3
Total	49	100.0	100.0
Missing System	3		
Total	52		

12a. I COULD NOT GET AN APPOINTMENT.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	16	76.2	97.5
Checked	5	23.8	2.5
Total	21	100.0	100.0

12b. I had TRANSPORTATION PROBLEMS.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	9	42.9	97.5
	Checked	12	57.1	2.5
	Total	21	100.0	100.0

12c. I was TOO NERVOUS OR AFRAID.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	19	90.5	88.2
	Checked	2	9.5	11.8
	Total	21	100.0	100.0

12d. It COST TOO MUCH.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	9	42.9	42.4
	Checked	12	57.1	57.6
	Total	21	100.0	100.0

12e. I did NOT HAVE INSURANCE.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	14	66.7	71.1
	Checked	7	33.3	28.9
	Total	21	100.0	100.0

12f. Dentist WOULDNT ACCEPT MY INSURANCE.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	13	61.9	92.6
	Checked	8	38.1	7.4
	Total	21	100.0	100.0

12g. I did NOT KNOW WHERE TO GO.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	18	85.7	95.7
	Checked	3	14.3	4.3
	Total	21	100.0	100.0

12h. OTHER

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	16	80.0	76.2
	Checked	4	20.0	23.8
	Total	20	100.0	100.0
Missing	System	1		
Total		21		

13. Thinking about your MENTAL HEALTH, which includes stress, depression, and problems with emotions, for how many days during the PAST 30 DAYS was your MENTAL HEALTH NOT GOOD?

		Frequency	Valid Percent	General Adult Population
Valid	0 days	9	18.4	66.6
	1-9 days	16	32.7	24.5
	10-19 days	8	16.3	4.7
	20-29 days	7	14.3	2.1
	All 30 days	9	18.4	2.1
	Total	49	100.0	100.0
Missing	System	3		
Total		52		

14. During the PAST 12 MONTHS, was there a time when you WANTED TO talk with or seek help from a health professional about MENTAL HEALTH ISSUES, but DID NOT GO, or DELAYED talking with someone?

		Frequency	Valid Percent	General Adult Population
Valid	Yes	11	22.4	7.1
	No	38	77.6	92.9
	Total	49	100.0	100.0
Missing	System	3		
Total		52		

15a. I COULD NOT GET AN APPOINTMENT.

		Frequency	Valid Percent	Population
Valid	Not checked	9	81.8	92.3
	Checked	2	18.2	7.7
	Total	11	100.0	100.0

15b. I had TRANSPORTATION PROBLEMS.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	5	45.5	99.5
	Checked	6	54.5	0.5
	Total	11	100.0	100.0

15c. I was TOO NERVOUS OR AFRAID.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	7	63.6	81.1
	Checked	4	36.4	18.9
	Total	11	100.0	100.0

15d. I did NOT think it WAS SERIOUS ENOUGH.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	9	81.8	69.0
	Checked	2	18.2	31.0
	Total	11	100.0	100.0

15e. It COST TOO MUCH.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	8	72.7	68.2
	Checked	3	27.3	31.8
	Total	11	100.0	100.0

15f. I did NOT HAVE INSURANCE.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	7	63.6	89.8
	Checked	4	36.4	10.2
	Total	11	100.0	100.0

15g. My insurance DID NOT COVER IT.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	11	100.0	72.3
	Checked			27.7
	Total			100.0

15h. I did NOT KNOW WHERE TO GO.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	7	63.6	86.3
	Checked	4	36.4	13.7
	Total	11	100.0	100.0

15i. OTHER REASON

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	10	90.9	88.4
	Checked	1	9.1	11.6
	Total	11	100.0	100.0

16. In the PAST 6 MONTHS, which statement best describes MEDICATIONS PRESCRIBED for you?

		Frequency	Valid Percent	General Adult Population
Valid	No Rx	14	28.6	34.8
	Rx and filled them all	30	61.2	57.4
	Rx and did not fill at least one	5	10.2	7.8
	Total	49	100.0	100.0
Missing	System	3		
Total		52		



17a. I do NOT HAVE INSURANCE.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	2	40.0	97.6
	Checked	3	60.0	2.4
	Total	5	100.0	100.0

17b. It COST TOO MUCH.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	2	40.0	66.5
	Checked	3	60.0	33.5
	Total	5	100.0	100.0

17c. I do NOT LIKE TAKING MEDICATIONS.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	0	0.0	84.9
	Checked	5	100.0	15.1
	Total	5	100.0	100.0

17d. I did NOT THINK I NEEDED THE MEDICATION.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	4	80.0	65.1
	Checked	1	20.0	34.9
	Total	5	100.0	100.0

17e. I did NOT KNOW WHERE TO GO.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	5	100.0	99.5
	Checked	0	0.0	0.5
	Total	5	100.0	100.0

17f. I had TRANSPORTAION PROBLEMS.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	4	80.0	99.5
	Checked	1	20.0	0.5
	Total	5	100.0	100.0

17g. I did NOT LIKE THE SIDE EFFECTS.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	5	100.0	80.1
	Checked	0	0.0	19.9
	Total	5	100.0	100.0

17h. OTHER

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	3	60.0	79.7
	Checked	2	40.0	20.3
	Total	5	100.0	100.0

18(W) Do you currently HAVE ANY HEALTH INSURANCE?

		Frequency	Valid Percent	General Adult Population
Valid	Currently uninsured	8	16.0	1.6
	Currently insured	42	84.0	98.4
	Total	50	100.0	100.0
Missing	System	2		
Total		52		

19. Do you consider yourself:

		Frequency	Valid Percent	General Adult Population
Valid	Overweight	26	52.0	50.5
	About the right weight	20	40.0	46.9
	Underweight	4	8.0	2.6
	Total	50	100.0	100.0
Missing	System	2		
Total		52		

20a. Treatment can help people with mental illness lead normal lives.

		Frequency	Valid Percent	General Adult Population
Valid	Strongly disagree	1	2.0	0.7
	Disagree	4	8.2	2.1
	Agree	24	49.0	56.2
	Strongly agree	20	40.8	41.0
	Total	49	100.0	100.0
Missing	System	3		
Total		52		

20b. People are generally caring and sympathetic to people with mental illness.

		Frequency	Valid Percent	General Adult Population
Valid	Strongly disagree	3	6.1	3.0
	Disagree	16	32.7	33.2
	Agree	22	44.9	58.2
	Strongly agree	8	16.3	5.6
	Total	49	100.0	100.0
Missing	System	3		
Total		52		

21. How many servings of SOLID FRUIT (NOT fruit juice) did you have YESTERDAY?

		Frequency	Valid Percent	General Adult Population
Valid	0 servings	8	16.3	24.4
	1-2 servings	33	67.3	55.2
	3-4 servings	6	12.2	18.3
	5 or more servings	2	4.1	1.8
	Total	49	100.0	100.0
Missing	System	3		
Total		52		

22. How many 6 ounce servings of 100% FRUIT JUICE did you have YESTERDAY?

	Frequency	Valid Percent	General Adult Population
Valid 0 servings	18	36.7	63.5
1-2 servings	23	46.9	32.2
3-4 servings	6	12.2	3.3
5 or more servings	2	4.1	1.0
Total	49	100.0	100.0
Missing System	3		
Total	52		

23. How many servings of VEGETABLES (NOT FRENCH FRIES) did you have YESTERDAY?

	Frequency	Valid Percent	General Adult Population
Valid 0 servings	6	12.2	14.5
1-2 servings	34	69.4	57.0
3-4 servings	6	12.2	24.2
5 or more servings	3	6.1	4.2
Total	49	100.0	99.9
Missing System	3		
Total	52		

21-23 Number of fruits and vegetables (including juices) yesterday

	Frequency	Valid Percent	General Adult Population
Valid 0 servings	2	4.1	6.3
1-2 servings	10	20.4	23.8
3-4 servings	15	30.6	32.8
5-9 servings	19	38.8	33.9
10 or more servings	3	6.1	3.3
Total	49	100.0	100.1
Missing System	3		
Total	52		

24a. How many 12 ounces glasses of MILK DID YOU DRINK YESTERDAY?

	Frequency	Valid Percent	General Adult Population
Valid 0 glasses	21	42.9	38.8
1-2 glasses	24	49.0	52.1
3-4 glasses	3	6.1	8.7
5-6 glasses	0	0.0	0.3
7 or more glasses	1	2.0	0.2
Total	49	100.0	100.1
Missing System	3		
Total	52		

24b. How many 12 ounce glasses of POP/SODA DID YOU DRINK YESTERDAY?

	Frequency	Valid Percent	General Adult Population
Valid 0 glasses	22	45.8	68.5
1-2 glasses	18	37.5	24.6
3-4 glasses	6	12.5	5.2
5-6 glasses	0	0.0	1.6
7 or more glasses	2	4.2	0.1
Total	48	100.0	100.0
Missing System	4		
Total	52		

24c. How many 12 ounce glasses of DIET POP/SODA DID YOU DRINK YESTERDAY?

	Frequency	Valid Percent	General Adult Population
Valid 0 glasses	33	70.2	77.9
1-2 glasses	10	21.3	18.7
3-4 glasses	0	0.0	3.3
5-6 glasses	2	4.3	0.1
7 or more glasses	2	4.3	0.0
Total	47	100.0	100.0
Missing System	5		
Total	52		

24d. How many 12 ounce glasses of SPORTS/ENERGY DRINKS DID YOU DRINK YESTERDAY?

	Frequency	Valid Percent	General Adult Population
Valid 0 glasses	35	72.9	88.5
1-2 glasses	9	18.8	10.6
3-4 glasses	1	2.1	0.6
5-6 glasses	0	0.0	0.2
7 or more glasses	3	6.3	0.1
Total	48	100.0	100.0
Missing System	4		
Total	52		

25a. In an average week, how many times do you EAT OUT from FAST FOOD restaurants?

	Frequency	Valid Percent	General Adult Population
Valid 0 times	25	50.0	37.9
1-2 times	22	44.0	53.2
3-4 times	2	4.0	7.4
5-6 times	1	2.0	0.9
7 or more times	0	0.0	0.6
Total	50	100.0	100.0
Missing System	2		
Total	52		

25b. In an average week, how many times do you Eat OUT at a restaurant that is NOT FAST FOOD?

	Frequency	Valid Percent	General Adult Population
Valid 0 times	38	74.5	38.1
1-2 times	12	23.5	55.9
3-4 times	0	0.0	5.7
5-6 times	1	2.0	0.1
7 or more times	0	0.0	0.2
Total	51	100.0	100.0
Missing System	1		
Total	52		

25c. In an average week, how many times do you eat a meal from MEALS ON WHEELS?

	Frequency	Valid Percent	General Adult Population
Valid 0 times	46	93.9	98.1
1-2 times	2	4.1	1.2
3-4 times	0	0.0	0.3
5-6 times	0	0.0	0.3
7 or more times	1	2.0	0.1
Total	49	100.0	100.0
Missing System	3		
Total	52		

25d. In an average week, how many times do you eat a meal from a SENIOR DINING SITE?

	Frequency	Valid Percent	General Adult Population
Valid 0 times	45	90.0	98.1
1-2 times	2	4.0	1.2
3-4 times	2	4.0	0.3
5-6 times	0	0.0	0.3
7 or more times	1	2.0	0.1
Total	50	100.0	100.0
Missing System	2		
Total	52		

25e. In an average week, how many times do you eat at a COMMUNITY SETTING SUCH AS A CHURCH?

	Frequency	Valid Percent	General Adult Population
Valid 0 times	45	88.2	95.7
1-2 times	5	9.8	3.2
3-4 times	0	0.0	0.1
5-6 times	1	2.0	0.5
7 or more times	0	0.0	0.6
Total	51	100.0	100.1
Missing System	1		
Total	52		

25f. In an average week, how many times do you eat a HOME-COOKED MEAL?

	Frequency	Valid Percent	General Adult Population
Valid 0 times	6	12.5	1.7
1-2 times	5	10.4	3.7
3-4 times	7	14.6	21.3
5-6 times	12	25.0	28.8
7 or more times	18	37.5	44.5
Total	48	100.0	100.0
Missing System	4		
Total	52		

25g. In an average week, how many times do you WATCH TV DURING MEALTIME?

	Frequency	Valid Percent	General Adult Population
Valid 0 times	12	23.5	26.3
1-2 times	21	41.2	26.5
3-4 times	9	17.6	18.7
5-6 times	3	5.9	16.5
7 or more times	6	11.8	12.1
Total	51	100.0	100.1
Missing System	1		
Total	52		

26a. In a typical month, how often do you or others in your household BUY or GET FOOD FROM A SUPERMARKET OR LARGE GROCERY STORE?

		Frequency	Valid Percent	General Adult Population
Valid	Never/Less than once per month	1	2.0	4.4
	Once per month	13	26.0	7.6
	2-3 times per month	13	26.0	23.0
	Once per week	16	32.0	42.7
	2+ times per week	7	14.0	22.3
	Total	50	100.0	100.0
Missing	System	2		
Total		52		

26b. In a typical month, how often do you or others in your household BUY or GET FOOD FROM A SMALL GROCERY STORE?

		Frequency	Valid Percent	General Adult Population
Valid	Never/Less than once per month	17	34.0	23.4
	Once per month	14	28.0	19.3
	2-3 times per month	8	16.0	20.4
	Once per week	9	18.0	26.9
	2+ times per week	2	4.0	10.1
	Total	50	100.0	100.1
Missing	System	2		
Total		52		

26c. In a typical month, how often do you or others in your household BUY or GET FOOD FROM A CONVENIENCE STORE OR GAS STATION?

		Frequency	Valid Percent	General Adult Population
Valid	Never/Less than once per month	13	27.1	39.3
	Once per month	12	25.0	20.1
	2-3 times per month	6	12.5	16.7
	Once per week	9	18.8	15.5
	2+ times per week	8	16.7	8.3
	Total	48	100.0	99.9
Missing	System	4		
Total		52		

26d. In a typical month, how often do you or others in your household BUY or GET FOOD FROM A GROCERY DELIVERY SERVICE?

		Frequency	Valid Percent	General Adult Population
Valid	Never/Less than once per month	45	90.0	98.2
	Once per month	2	4.0	0.7
	2-3 times per month	2	4.0	0.7
	Once per week	1	2.0	0.4
	Total	50	100.0	100.0
Missing	System	2		
Total		52		

26e. In a typical month, how often do you or others in your household BUY or GET FOOD FROM A FOOD SHELF OR FOOD PANTRY?

		Frequency	Valid Percent	General Adult Population
Valid	Never/Less than once per month	24	47.1	98.0
	Once per month	24	47.1	1.9
	2-3 times per month	1	2.0	0.0
	Once per week	1	2.0	0.1
	2+ times per week	1	2.0	0.0
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

26f. In a typical month, how often do you or others in your household BUY or GET FOOD FROM SOME OTHER PLACE?

		Frequency	Valid Percent	General Adult Population
Valid	Never/Less than once per month	37	75.5	87.4
	Once per month	8	16.3	5.7
	2-3 times per month	2	4.1	3.7
	Once per week	1	2.0	1.6
	2+ times per week	1	2.0	1.6
	Total	49	100.0	100.0
Missing	System	3		
Total		52		

27a. During the growing season, how often do you or others in your household buy or get food from a FARMER'S MARKET or

		Frequency	Valid Percent	General Adult Population
Valid	Never/Less than once per month	24	47.1	33.2
	Once per month	15	29.4	28.6
	2-3 times per month	4	7.8	22.2
	Once per week	6	11.8	12.1
	2+ times per week	2	3.9	3.9
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

27b. During the growing season, how often do you or others in your household buy or get food from a LOCAL FARM OR CSA(COMMUNITY SUPPORTED AGRICULTURE)?

		Frequency	Valid Percent	General Adult Population
Valid	Never/Less than once per month	45	90.0	86.9
	Once per month	4	8.0	7.5
	2-3 times per month	1	2.0	2.0
	Once per week	0	0.0	2.7
	2+ times per week	0	0.0	1.0
	Total	50	100.0	100.1
Missing	System	2		
Total		52		

27c. During the growing season, how often do you or others in your household buy or get food from FOOD GROWN AT HOME OR IN A COMMUNITY GARDEN?

		Frequency	Valid Percent	General Adult Population
Valid	Never/Less than once per month	38	76.0	38.0
	Once per month	6	12.0	8.5
	About 2 or 3 times pers month			16.8
	Once per week	3	6.0	10.3
	2+ times per week	3	6.0	26.3
	Total	50	100.0	99.9
Missing	System	2		
Total		52		

28. How far do you usually go (one way) to get your groceries?

		Frequency	Valid Percent	General Adult Population
Valid	Less than 2 miles	17	33.3	19.9
	2-6 miles	16	31.4	26.3
	7-10 miles	11	21.6	10.0
	11-20 miles	2	3.9	21.1
	21-30 miles	5	9.8	14.0
	Over 30 miles	0	0.0	8.7
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

29. How often do YOU prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables, or meats?

		Frequency	Valid Percent	General Adult Population
Valid	Every day	17	33.3	26.0
	5-6 days per week	14	27.5	27.7
	3-4 days per week	10	19.6	28.0
	1-2 days per week	7	13.7	15.3
	Less than 1 day per week	3	5.9	3.0
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

30. During the PAST 12 MONTHS, how often did you worry that your FOOD WOULD RUN OUT before you had money to buy more?

		Frequency	Valid Percent	General Adult Population
Valid	Often	23	47.9	3.5
	Sometimes	18	37.5	8.1
	Rarely	3	6.3	9.9
	Never	4	8.3	78.5
	Total	48	100.0	100.0
Missing	System	4		
Total		52		

31. During the PAST 12 MONTHS, have you USED A COMMUNITY FOOD SHELF PROGRAM?

		Frequency	Valid Percent	General Adult Population
Valid	Yes	33	71.7	4.1
	No	13	28.3	95.9
	Total	46	100.0	100.0
Missing	System	6		
Total		52		

32a. The fresh fruits and vegetables where I usually shop are too expensive.

		Frequency	Valid Percent	General Adult Population
Valid	Strongly Disagree	0	0.0	4.5
	Disagree	12	24.0	48.0
	Agree	17	34.0	35.6
	Strongly agree	21	42.0	11.9
	Total	50	100.0	100.0
Missing	System	2		
Total		52		

32b. Fruits and vegetables are difficult to prepare.

		Frequency	Valid Percent	General Adult Population
Valid	Strongly disagree	22	44.9	34.6
	Disagree	18	36.7	59.2
	Agree	4	8.2	3.5
	Strongly agree	5	10.2	2.7
	Total	49	100.0	100.0
Missing	System	3		
Total		52		

33. When you are at work, which of the following best describes what you do?

		Frequency	Valid Percent	General Adult Population
Valid	Mostly sitting	2	3.9	29.1
	Mostly standing	6	11.8	15.5
	Mostly walking	8	15.7	17.1
	Mostly heavy labor or physically demanding work	5	9.8	13.1
	Not currently employed	30	58.8	25.2
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

34. During the PAST 30 DAYS, other than your regular job, did you participate in any PHYSICAL ACTIVITY OR EXERCISE?

		Frequency	Valid Percent	General Adult Population
Valid	Yes	33	64.7	76.1
	No	18	35.3	23.9
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

35. During an average week, other than your regular job, how many days do you get at least 30 minutes of MODERATE PHYSICAL ACTIVITY?

		Frequency	Valid Percent	General Adult Population
Valid	0 days	9	18.0	12.4
	1-4 days	29	58.0	58.5
	5-7 days	12	24.0	29.1
	Total	50	100.0	100.0
Missing	System	2		
Total		52		

36. During an average week, other than your regular job, how many days do you get at least 20 minutes of VIGOROUS PHYSICAL ACTIVITY?

		Frequency	Valid Percent	General Adult Population
Valid	0 days	14	28.0	39.7
	1-2 days	23	46.0	33.4
	3-7 days	13	26.0	26.9
	Total	50	100.0	100.0
Missing	System	2		
Total		52		

37a. Do you usually exercise or get your physical activity AT HOME?

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	23	45.1	32.0
	Checked	28	54.9	68.0
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

37b. Do you usually exercise or get your physical activity AT WORK?

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	41	80.4	79.2
	Checked	10	19.6	20.8
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

37c. Do you usually exercise or get your physical activity at A HEALTH CLUB, FITNESS CENTER, OR GYM?

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	46	90.2	81.2
	Checked	5	9.8	18.8
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

37d. Do you usually exercise or get your physical activity at A PUBLIC RECREATION FACILITY OR COMMUNITY CENTER?

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	46	90.2	96.3
	Checked	5	9.8	3.7
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

37e. Do you usually exercise or get your physical activity SOMEWHERE OUTDOORS(park, trails, etc.)?

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	28	54.9	54.0
	Checked	23	45.1	46.0
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

37f. Do you usually exercise or get your physical activity SOME OTHER PLACE?

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	44	86.3	94.5
	Checked	7	13.7	5.5
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

37g. Not applicable - I am unable to do physical activities.

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	45	88.2	93.8
	Checked	6	11.8	6.2
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

38a. My community has walking paths or trails.

		Frequency	Valid Percent	General Adult Population
Valid	Don't know	5	11.1	2.2
	My community does not have this	1	2.2	5.3
	My community has this	39	86.7	90.3
	Total	45	100.0	97.8
Missing	System	7		2.2
Total		52		100.0

I use walking paths or trails.

		Frequency	Valid Percent	General Adult Population
Valid	I use this	24	63.2	54.7
	I do not use this	14	36.8	45.3
	Total	38	100.0	100
Missing	System	1		
Total		39		

38b. My community has bicycle paths, shared use paths or bikes lanes.

		Frequency	Valid Percent	General Adult Population
Valid	Don't know	6	14.0	3.4
	My community does not have this	3	7.0	10.4
	My community has this	34	79.1	82.5
	Total	43	100.0	96.3
Missing	System	9		3.8
Total		52		100.1

I use bicycle paths, shared use paths or bikes lanes.

		Frequency	Valid Percent	General Adult Population
Valid	I use this	9	26.5	37.0
	I do not use this	25	73.5	63.0
	Total	34	100.0	100.0

38c. My community has public swimming pools/water parks.

		Frequency	Valid Percent	General Adult Population
Valid	Don't know	7	15.9	1.8
	My community does not have this	7	15.9	3.6
	My community has this	30	68.2	89.8
	Total	44	100.0	95.2
Missing	System	8		4.8
Total		52		100.0

I use public swimming pools/water parks.

		Frequency	Valid Percent	General Adult Population
Valid	I use this	20	66.7	22.2
	I do not use this	10	33.3	77.8
	Total	30	100.0	100

38d. My community has public recreation or community centers.

		Frequency	Valid Percent	General Adult Population
Valid	Don't know	8	20.0	8.5
	My community does not have this	9	22.5	26.7
	My community has this	23	57.5	59.7
	Total	40	100.0	94.9
Missing	System	12		5.1
Total		52		100.0

I use rec or community centers.

		Frequency	Valid Percent	General Adult Population
Valid	I use this	14	63.6	26.0
	I do not use this	8	36.4	74.0
	Total	22	100.0	100.0
Missing	System	1		
Total		23		

38e. My community has parks or sports fields.

		Frequency	Valid Percent	General Adult Population
Valid	Don't know	5	12.5	1.5
	My community does not have this	3	7.5	2.0
	My community has this	32	80.0	93.0
	Total	40	100.0	96.5
Missing	System	12		3.5
Total		52		100.0

I use parks or sports fields.

		Frequency	Valid Percent	General Adult Population
Valid	I use this	20	62.5	41.9
	I do not use this	12	37.5	58.1
	Total	32	100.0	100

38f. My community has school-based physical activity resources.

		Frequency	Valid Percent	General Adult Population
Valid	Don't know	13	29.5	17.1
	My community does not have this	10	22.7	24.5
	My community has this	21	47.7	51.5
	Total	44	100.0	93.1
Missing	System	8		6.9
Total		52		100.0

I use school-based physical activity resources.

		Frequency	Valid Percent	General Adult Population
Valid	I use this	6	28.6	14.4
	I do not use this	15	71.4	85.6
	Total	21	100.0	100

38g. My community has shopping mall for physical activity.

		Frequency	Valid Percent	General Adult Population
Valid	Don't know	14	31.8	7.0
	My community does not have this	17	38.6	56.8
	My community has this	13	29.5	31.9
	Total	44	100.0	95.7
Missing	System	8		4.3
Total		52		100.0

I use shopping mall for physical activity.

		Frequency	Valid Percent	General Adult Population
Valid	I use this	8	61.5	17.8
	I do not use this	5	38.5	82.2
	Total	13	100.0	100

38h. Community has health club, fitness or wellness center.

		Frequency	Valid Percent	General Adult Population
Valid	Don't know	7	15.9	1.9
	My community does not have this	6	13.6	7.6
	My community has this	31	70.5	86.3
	Total	44	100.0	95.8
Missing	System	8		4.2
Total		52		100.0

I use health club, fitness or wellness center.

		Frequency	Valid Percent	General Adult Population
Valid	I use this	11	35.5	23.8
	I do not use this	20	64.5	76.2
	Total	31	100.0	100

38i. My community has nearby waterways for activities.

		Frequency	Valid Percent	General Adult Population
Valid	Don't know	9	20.9	2.0
	My community does not have this	7	16.3	18.8
	My community has this	27	62.8	75.5
	Total	43	100.0	96.3
Missing	System	9		3.7
Total		52		100.0

I use nearby waterways for activities.

		Frequency	Valid Percent	General Adult Population
Valid	I use this	15	55.6	37
	I do not use this	12	44.4	63
	Total	27	100.0	100

39. Has your household air ever been tested for radon?

		Frequency	Valid Percent	General Adult Population
Valid	Yes	9	18.8	22.1
	No	39	81.3	77.9
	Total	48	100.0	100.0
Missing	System	4		
Total		52		

40. Has your household air ever tested POSITIVE for radon?

		Frequency	Valid Percent	General Adult Population
Valid	Yes	1	16.7	27.8
	No	5	83.3	72.2
	Total	6	100.0	100
Missing	System	3		
Total		9		

41. In the PAST 12 MONTHS, has someone living in your home made you FEARFUL through ACTION, TONE OF VOICE, THREATS, or DESTROYING YOUR PROPERTY?

	Frequency	Valid Percent	General Adult Population
Valid Yes	6	12.2	1.4
Valid No	43	87.8	98.6
Valid Total	49	100.0	100.0
Missing System	3		
Total	52		

42 & 43(W) Smoking Status

	Frequency	Valid Percent	Population
Valid Current smoker	22	44.9	7.5
Valid Former smoker	6	12.2	25.5
Valid Never smoked	21	42.9	67.0
Valid Total	49	100.0	100.0
Missing System	3		
Total	52		



44. During the PAST 12 MONTHS, have you stopped smoking for one day or longer because you were trying to quit?

	Frequency	Valid Percent	General Adult Population
Valid Yes	15	68.2	45.5
Valid No	7	31.8	54.5
Valid Total	22	100.0	100

45a. How often do you use CIGARS, CIGARILLOS, OR LITTLE CIGARS?

	Frequency	Valid Percent	General Adult Population
Valid Non-smoker	44	84.6	94.6
Valid Current cigar smoker	8	15.4	5.4
Valid Total	52	100.0	100.0

45b. How often do you use PIPES?

	Frequency	Valid Percent	General Adult Population
Valid Non-smoker	50	96.2	98.9
Valid Current pipe smoker	2	3.8	1.1
Valid Total	52	100.0	100.0

45c. How often do you use SMOKELESS PRODUCTS(SNUFF, SNUS, OR CHEWING TOBACCO)?

	Frequency	Valid Percent	General Adult Population
Valid Non-user	49	94.2	96.7
Valid Current user	3	5.8	3.3
Valid Total	52	100.0	100.0

45D. How often do you use E-CIGARETTES?

	Frequency	Valid Percent	General Adult Population
Valid Non-user	46	88.5	97.6
Valid Current user	6	11.5	2.4
Valid Total	52	100.0	100.0

45E. How often do you use ANY OTHER TYPE OF TOBACCO PRODUCT?

	Frequency	Valid Percent	General Adult Population
Valid Non-user	40	76.9	96.4
Valid Current user	12	23.1	3.6
Valid Total	52	100.0	100.0

45f. How often do you use MARIJUANA?

	Frequency	Valid Percent	General Adult Population
Valid Non-user	45	86.5	97.8
Valid Current user	7	13.5	2.2
Valid Total	52	100.0	100.0

Any tobacco use (incl. e-cig)

	Frequency	Valid Percent	General Adult Population
Valid Current non-user of tobacco	24	46.2	85.9
Valid Current user of tobacco	28	53.8	14.1
Valid Total	52	100.0	100.0

46. Does anyone(including yourself) regularly smoke tobacco inside your home?

	Frequency	Valid Percent	General Adult Population
Valid Yes	18	36.0	3.1
Valid No	32	64.0	96.9
Valid Total	50	100.0	100.0
Missing System	2		
Total	52		

47. Have you been in a car or other vehicle with someone smoking tobacco in the past 7 days?

	Frequency	Valid Percent	General Adult Population
Valid Yes	29	58.0	8.5
Valid No	21	42.0	91.5
Valid Total	50	100.0	100.0
Missing System	2		
Total	52		

48. Has anyone smoked tobacco (not e-cig) near you in the past 7 days in Goodhue County besides in your home/car?

	Frequency	Valid Percent	General Adult Population
Valid Yes	24	52.2	25.4
Valid No	22	47.8	74.6
Valid Total	46	100.0	100.0
Missing System	6		
Total	52		

49. Have you ever seen anyone smoke an e-cig in Goodhue County?

	Frequency	Valid Percent	General Adult Population
Valid Yes	32	68.1	57.1
Valid No	15	31.9	42.9
Valid Total	47	100.0	100.0
Missing System	5		
Total	52		

50a. Have you seen people smoke tobacco or e-cigs in Goodhue County in YOUR WORKPLACE?

	Frequency	Valid Percent	General Adult Population
Valid Tobacco, not e-cigarettes	14	27.5	<i>data unavailable</i>
Valid E-cigarettes, not tobacco	1	2.0	<i>data unavailable</i>
Valid Both	13	25.5	<i>data unavailable</i>
Valid None	23	45.1	<i>data unavailable</i>
Valid Total	51	100.0	<i>data unavailable</i>
Missing System	1		
Total	52		

Your workplace

	Frequency	Valid Percent	General Adult Population
Valid Tobacco	27	52.9	30.5
Valid E-cigarettes	14	27.5	15.3

For question 50, respondents could check all that applied (tobacco, e-cigs). See left table for those who checked tobacco, not e-cigarettes, and vice versa. See right table for totals for tobacco and e-cigs (includes those who checked both).

50b. Have you seen people smoke tobacco or e-cigs in Goodhue County in a RESTAURANT OR BAR?

	Frequency	Valid Percent	General Adult Population
Valid Tobacco, not e-cigarettes	10	19.6	<i>data unavailable</i>
Valid E-cigarettes, not tobacco	10	19.6	<i>data unavailable</i>
Valid Both	11	21.6	<i>data unavailable</i>
Valid None	20	39.2	<i>data unavailable</i>
Valid Total	51	100.0	<i>data unavailable</i>
Missing System	1		
Total	52		

A restaurant or bar

	Frequency	Valid Percent	General Adult Population
Valid Tobacco	21	41.2	31.9
Valid E-cigarettes	21	41.2	23.9

For question 50, respondents could check all that applied (tobacco, e-cigs). See left table for those who checked tobacco, not e-cigarettes, and vice versa. See right table for totals for tobacco and e-cigs (includes those who checked both).

50c. Have you seen people smoke tobacco or e-cigs in Goodhue County in a BUSINESS OR SHOPPING AREA?

	Frequency	Valid Percent	General Adult Population
Valid Tobacco, not e-cigarettes	13	25.5	<i>data unavailable</i>
Valid E-cigarettes, not tobacco	12	23.5	<i>data unavailable</i>
Valid Both	8	15.7	<i>data unavailable</i>
Valid None	18	35.3	<i>data unavailable</i>
Valid Total	51	100.0	<i>data unavailable</i>
Missing System	1		
Total	52		

A business or shopping area

	Frequency	Valid Percent	General Adult Population
Valid Tobacco	21	41.2	29.3
Valid E-cigarettes	20	39.2	19.3

For question 50, respondents could check all that applied (tobacco, e-cigs). See left table for those who checked tobacco, not e-cigarettes, and vice versa. See right table for totals for tobacco and e-cigs (includes those who checked both).

50d. Have you seen people smoke tobacco or e-cigs in Goodhue County in a PARK OR OUTDOOR RECREATION AREA?

	Frequency	Valid Percent	General Adult Population
Valid Tobacco, not e-cigarettes	22	43.1	<i>data unavailable</i>
Valid E-cigarettes, not tobacco	5	9.8	<i>data unavailable</i>
Valid Both	14	27.5	<i>data unavailable</i>
Valid None	10	19.6	<i>data unavailable</i>
Valid Total	51	100.0	<i>data unavailable</i>
Missing System	1		
Total	52		

A park or outdoor recreation area

	Frequency	Valid Percent	General Adult Population
Valid Tobacco	36	70.6	50.5
Valid E-cigarettes	19	37.3	22.4

For question 50, respondents could check all that applied (tobacco, e-cigs). See left table for those who checked tobacco, not e-cigarettes, and vice versa. See right table for totals for tobacco and e-cigs (includes those who checked both).

50e. Have you seen people smoke tobacco or e-cigs in Goodhue County in an outdoor community sports event?

	Frequency	Valid Percent	General Adult Population
Valid Tobacco, not e-cigarettes	12	23.5	<i>data unavailable</i>
Valid E-cigarettes, not tobacco	6	11.8	<i>data unavailable</i>
Valid Both	15	29.4	<i>data unavailable</i>
Valid None	18	35.3	<i>data unavailable</i>
Valid Total	51	100.0	<i>data unavailable</i>
Missing System	1		
Total	52		

An outdoor community sports event

	Frequency	Valid Percent	General Adult Population
Valid Tobacco	27	52.9	27.4
Valid E-cigarettes	21	41.2	13.1

For question 50, respondents could check all that applied (tobacco, e-cigs). See left table for those who checked tobacco, not e-cigarettes, and vice versa. See right table for totals for tobacco and e-cigs (includes those who checked both).

50f. Have you seen people smoke tobacco or e-cigs in Goodhue County in a sidewalk or building entrance?

	Frequency	Valid Percent	General Adult Population
Valid Tobacco, not e-cigarettes	21	41.2	<i>data unavailable</i>
E-cigarettes, not tobacco	3	5.9	<i>data unavailable</i>
Both	16	31.4	<i>data unavailable</i>
None	11	21.6	<i>data unavailable</i>
Total	51	100.0	<i>data unavailable</i>
Missing System	1		
Total	52		

50g. Have you seen people smoke tobacco or e-cigs in Goodhue County in some other place?

	Frequency	Valid Percent	General Adult Population
Valid Tobacco, not e-cigarettes	16	32.0	<i>data unavailable</i>
E-cigarettes, not tobacco	6	12.0	<i>data unavailable</i>
Both	14	28.0	<i>data unavailable</i>
None	14	28.0	<i>data unavailable</i>
Total	50	100.0	<i>data unavailable</i>
Missing System	2		
Total	52		

50h. Have you seen people smoke tobacco or e-cigs in Goodhue County in none of these places?

	Frequency	Valid Percent	General Adult Population
Valid Tobacco, not e-cigarettes	6	12.0	<i>data unavailable</i>
E-cigarettes, not tobacco	2	4.0	<i>data unavailable</i>
Both	3	6.0	<i>data unavailable</i>
None	39	78.0	<i>data unavailable</i>
Total	50	100.0	<i>data unavailable</i>
Missing System	2		
Total	52		

51. Do you rent an apartment in a multifamily building (bldg with 4+ apartments)?

	Frequency	Valid Percent	General Adult Population
Valid Yes	14	27.5	6.2
No	37	72.5	93.8
Total	51	100.0	100.0
Missing System	1		
Total	52		

53. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

	Frequency	Valid Percent	General Adult Population
Valid No drinking	33	64.7	27.0
Any drinking	18	35.3	73.0
Total	51	100.0	100.0
Missing System	1		
Total	52		

55. Heavy drinking in the past 30 days?

	Frequency	Valid Percent	General Adult Population
Valid No drinking or not heavy	47	92.2	89.3
Heavy drinking	4	7.8	10.7
Total	51	100.0	100.0
Missing System	1		
Total	52		

56. Binge drinking in the past 30 days?

	Frequency	Valid Percent	General Adult Population
Valid No drinking or no binge	39	76.5	67.7
Any binge drinking	12	23.5	32.3
Total	51	100.0	100.0
Missing System	1		
Total	52		

57. Do you ever drive a car or other vehicle?

	Frequency	Valid Percent	General Adult Population
Valid Yes	31	62.0	95.4
No	19	38.0	4.6
Total	50	100.0	100.0
Missing System	2		
Total	52		

A sidewalk or building entrance

	Frequency	Valid Percent	General Adult Population
Valid Tobacco	37	72.5	76.5
E-cigarettes	19	37.3	25.5

For question 50, respondents could check all that applied (tobacco, e-cigs). See left table for those who checked tobacco, not e-cigarettes, and vice versa. See right table for totals for tobacco and e-cigs (includes those who checked both).

Some other place

	Frequency	Valid Percent	General Adult Population
Valid Tobacco	30	60.0	44
E-cigarettes	20	40.0	26.2

For question 50, respondents could check all that applied (tobacco, e-cigs). See left table for those who checked tobacco, not e-cigarettes, and vice versa. See right table for totals for tobacco and e-cigs (includes those who checked both).

None of these places

	Frequency	Valid Percent	General Adult Population
Valid Tobacco	9	18.0	9.2
E-cigarettes	5	10.0	45.5

For question 50, respondents could check all that applied (tobacco, e-cigs). See left table for those who checked tobacco, not e-cigarettes, and vice versa. See right table for totals for tobacco and e-cigs (includes those who checked both).

52. Does anyone ever smoke tobacco in your building?

	Frequency	Valid Percent	General Adult Population
Valid Yes	5	55.6	45.1
No	4	44.4	54.9
Total	9	100.0	100
Missing System	5		
Total	14		

58a. When DRIVING a car or other vehicle, how often do you read or send texts?

	Frequency	Valid Percent	General Adult Population
Valid Often	0	0.0	1.7
Sometimes	9	29.0	33.4
Never	21	67.7	62.2
No cell phone	1	3.2	2.7
Total	31	100.0	100

58b. When DRIVING a car or other vehicle, how often do you make or answer phone call?

		Frequency	Valid Percent	General Adult Population
Valid	Often	1	3.2	16.6
	Sometimes	20	64.5	61.3
	Never	9	29.0	19.3
	No cell phone	1	3.2	2.8
	Total	31	100.0	100

58c. When DRIVING a car or other vehicle, how often do you other activities?

		Frequency	Valid Percent	General Adult Population
Valid	Often	0	0.0	5.0
	Sometimes	11	35.5	38.7
	Never	20	64.5	56.3
	Total	31	100.0	100

58d. When DRIVING a car or other vehicle, how often do you drive after drinking?

		Frequency	Valid Percent	General Adult Population
Valid	Sometimes	1	3.2	5.5
	Never	30	96.8	94.5
	Total	31	100.0	100

59. How often do you wear a seatbelt when you drive or ride in a car?

		Frequency	Valid Percent	General Adult Population
Valid	Never	6	11.8	0.6
	Seldom	2	3.9	1.1
	Sometimes	1	2.0	0.8
	Most of the time	3	5.9	6.5
	Always	39	76.5	91.1
	Total	51	100.0	100.1
Missing	System	1		
Total		52		

60. Do you have access to at least one working car or other vehicle to use when you need to?

		Frequency	Valid Percent	General Adult Population
Valid	Yes	30	58.8	97.1
	No	21	41.2	2.9
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

61. During the past 12 months, did you seriously think about killing yourself?

		Frequency	Valid Percent	General Adult Population
Valid	Yes	7	13.7	2.9
	No	44	86.3	97.1
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

Weight status according to BMI:

		Frequency	Valid Percent	General Adult Population
Valid	Not overweight	16	32.7	28.0
	Overweight but not obese	14	28.6	34.0
	Obese	19	38.8	38.0
	Total	49	100.0	100.0
Missing	Unknown weight and/or height	3		
Total		52		

62. Your sex:

		Frequency	Valid Percent	General Adult Population
Valid	Male	6	11.8	49.1
	Female	45	88.2	50.9
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

63. Your sexual orientation:

		Frequency	Valid Percent	General Adult Population
Valid	Heterosexual or straight	42	82.4	98.2
	Gay, lesbian or homosexual	3	5.9	1.1
	Bisexual	1	2.0	0.2
	Other	5	9.8	0.6
	Total	51	100.0	99.5
Missing	System	1		0.5
Total		52		100.0

64. Your age group:

	Frequency	Valid Percent	General Adult Population
Valid 18-34	20	38.5	24.1
35-44	9	17.3	15.5
45-54	13	25.0	21.2
55-64	7	13.5	17.6
65-74	1	1.9	10.6
75+	2	3.8	11.0
Total	52	100.0	100.0

65. Are you Hispanic/Latino?

	Frequency	Valid Percent	General Adult Population
Valid Yes	1	2.0	3.5
No	49	98.0	96.5
Total	50	100.0	100.0
Missing System	2		
Total	52		

66a. American Indian best describes you.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	48	92.3	99.3
Checked	4	7.7	0.7
Total	52	100.0	100.0

66b. Asian or Pacific Islander best describes you.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	52	100.0	98.8
Checked	0	0.0	0.2
Total	52	100.0	100.0

66c. Black or African American or African best describes you.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	42	80.8	99.2
Checked	10	19.2	0.8
Total	52	100.0	100.0

66d. White best describes you.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	11	21.2	4.1
Checked	41	78.8	95.9
Total	52	100.0	100.0

66e. Other best describes you.

	Frequency	Valid Percent	General Adult Population
Valid Not checked	50	96.2	98.3
Checked	2	3.8	1.7
Total	52	100.0	100.0

For the General Adult Population of Goodhue County, 95.9% of respondents were white non-Hispanic only, and 4.1% of respondents were all other races/ethnicities.

72. What is the highest level of education you have completed?

	Frequency	Valid Percent	General Adult Population
Valid Did not complete high school	6	11.5	3.7
High school grad/GED	27	51.9	23.0
Some college, trade school, or Associate degree	14	26.9	39.3
Bachelor's degree or higher	5	9.8	34.0
Total	52	100.0	100.0

73. Household income per year?

	Frequency	Valid Percent	General Adult Population
Valid <\$10,000	23	45.1	10.2
\$10,000-\$14,999	14	27.5	
\$15,000-\$24,999	7	13.7	
\$25,000-\$34,999	2	3.9	
\$35,000-\$49,999	3	5.9	
\$50,000-\$74,999	0	0.0	21.8
\$75,000-\$99,999	0	0.0	46.4
\$100,000-\$149,999	1	2.0	
\$150,000-\$199,999	1	2.0	
\$200,000+	0	0.0	
Total	51	100.0	
Missing System	1		
Total	52		100.0

74a. Are you currently employed?

		Frequency	Valid Percent	General Adult Population
Valid	Checked	18	35.3	43.3
	Not checked	33	64.7	56.7
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

74b. Are you currently self-employed?

		Frequency	Valid Percent	General Adult Population
Valid	Checked	1	2.0	14.9
	Not checked	50	98.0	85.1
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

74c. Are you currently serving in the Armed Forces?

		Frequency	Valid Percent	General Adult Population
Valid	Not checked	52	100.0	100.0

74d. Are you currently unemployed or out of work?

		Frequency	Valid Percent	General Adult Population
Valid	Checked	11	21.6	1.3
	Not checked	40	78.4	98.7
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

74e. Are you currently a homemaker/stay at home parent?

		Frequency	Valid Percent	General Adult Population
Valid	Checked	4	7.8	5.0
	Not checked	47	92.2	95.0
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

74f. Are you currently a student?

		Frequency	Valid Percent	General Adult Population
Valid	Checked	1	2.0	4.6
	Not checked	50	98.0	95.4
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

74g. Are you currently retired?

		Frequency	Valid Percent	General Adult Population
Valid	Checked	2	3.9	22.4
	Not checked	49	96.1	77.6
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

74h. Are you currently unable to work?

		Frequency	Valid Percent	General Adult Population
Valid	Checked	18	35.3	2.8
	Not checked	33	64.7	97.2
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

Any employment

		Frequency	Valid Percent	General Adult Population
Valid	Yes	19	37.3	73.5
	No	32	62.7	26.5
	Total	51	100.0	100.0
Missing	System	1		
Total		52		

75. In your opinion, what is "healthy" about your community?

Other	They do the Best they can!	55066
	There is options.	55066
	Everything I love my Community, Great place, would tell more people to move here	55066
	Not coughing, sneezing and having energy.	55066
	A lot of helping services	55066
	Its good, I do work, part time & get SS. If people were good to people	55066
	Work is available	55066
	Everything	*
	not sure	*
Parks, Trails	All the Parks & YMCA	55066
	Lots of outdoor places to exercise	55066
	There is a lot of push for walking and biking with all the trails and walking to school	55066
	Outdoor activities	55066
	I feel that what I consiler healthy is that there are walk paths and help promote walking	55066
	Lots of places to exercise	55066
	Walk paths, bicycle path a lot of people use them	55066
	Parks	55066
	The amount of outdoor activities to do. A lot of parks and trails to go on.	55066
	Lots of Parks, trails and waterways	55066
	The amount of exercise we have in the community	55066
	There are a lot of walking places in Red Wing and places to work out.	55066
	Cannon Valley Trail	55066
	Outdoor area's for exercising.	55066
	Lots of places to walkk etc.	55066
	Good working and fit people	55066
	Walking/biking trails/outdoor spaces to enjoy.	*
	Lots of parks	*
	Lots of parks	*
Healthcare	Good hospitals and doctors	55066
Environment	The Beautiful Sights	55066
	Very clean environment, healthy state	55066
	Lots of places to hike and be outdoors.	55066
	I think it is a pretty place.	55066
	Clean air.	55066
	We have some very pretty places to go and lots of exercise.	55066
	Cleaner environment	*
	Next to river	*
	Our community strives to provide healthy alternatives in all areas of our childrens education and sports.	55066
Education	Free childhood education	*
Public Safety	Peace and quiet community Service	55066
	It is quiet and people can be very caring	55066
	It's very quiet	*
	Quiet Neighborhood	*
	Calmer than cities	*
	Peaceful, quiet	*
People/Community	The people are mostly kind	55066
	People communicate well	55066
	There are many people who are kind and willing to lend a hand and help people iin need	55066
	Less stress from large city	55066
	Nice people.	55066
	Good people	55066
	Great interaction	*
Healthy Eating	I think what is healthy is that we have different days to get healthier food.	55066

	People mostly are trying to live a healthy lifestyle by eating organic, local food. The ones that are succeeding are the ones that have the cash to afford to and the knowledge to prepare these healthy foods	55066
	Having a community garden so there is fresh fruit and vegetables	55066
	Farmer's Market	55066
	We have lots of variety of food.	55066
	Farmer's Market	*
76. And what is "unhealthy" about your community, in your opinion?		
	Other Don't know right know! (sic)	55066
	The dangerous way people drive, they do not seem to know the rules of the road	55066
	People with mental illness that use the system. A lot of people "use" the system to stay home and not work so they can live their lives as they see fit. All of this is seen by the children and nothing changes. I believe it comes from the large income/class gap in our community. The poor wanna live like the rich and the rich are out of touch with the poor/they don't understand the poor so they treat them like inferiors.	55066
	Not sure	55066
	None	55066
	Fever, sleep, sick, flu	55066
	No homeless shelters	55066
	Proximity to nuclear plant.	55066
	I don't like bars	55066
	Nothing	55066
	They don't go to Church the way people use to, there is so much violence.	55066
	The nuclear plant is dangerous	55066
	Not much ethnicity.	*
	Stockyard, cattle haulers	*
	Difficult to find child care for infants for mothers to work	*
	Stress (financial)	*
	Lack of mobility	*
	not sure	*
	Healthcare Lack of mental health resources/waiting long periods of time	*
	Environment Trash/litter	55066
	Road Construction with all the tar smell	55066
	The water	55066
	Water (drinking)	55066
Public Safety/Substance Abuse	People smoking and drinking and driving.	55066
	Crime and drugs that is in the community.	55066
	Drugs and Alcohol/Enforcement by the Law	55066
	People drink a lot here.	55066
	There is still a lot of drugs	55066
	Too many Meth Addicts/There is too many Bars with not enough for the younger kids to do.	55066
	Alcohol & Cigarettes too much of this.	55066
	When there is fights and shooting going on.	55066
	The normal drug and drinking problems found in small towns	55066
	I think that its unhealthy that you can't walk at night downtown without looking over your shoulder because a friend of mine got assaulted. He got 3 broken fractures in his face.	55066
	Too many bars and liquor stores	55066
	Drugs, drinking	55066
	Another problem we have is there is a lot of drug and alcohol usage.	55066
	Smokers	*
People/Community	People who live in community who trash community.	55066
	People who have moved here from other states and make our community unsafe.	55066

	I believe that the people who live in Red Wing need to be more understanding and welcoming. Wee have to find more things to do to help our community come together and understand each other better.	55066
	non sensitive people	55066
	That there Rasits (Racist) there in Lake City.	*
	What I feel is unhealthy aobut the community is that there are not enough health food stores.	55066
Unhealthy Eating	McDonalds is open 24 hours now.	55066
	Too much fast food, nothing to do other than hike and drink.	55066
	Not enough Health food stores.	55066
	The fast food restaurants.	55066
	There are too many fast food places.	55066
	Obesity and lack of eating nutritionally	*
Education	No training for youths	55066
	Some families cannot afford Community Ed.	55066
	The young being let free to do what they want	55066
	Nothing for low income kids to do.	55066
	Don't have a Community Center	*
	Need more community spaces and events geared for 12-18 year olds like a roller rink, dance hall, pool hall	*

*ZIP code not shown for ZIP codes with fewer than 15 responses to protect privacy. Of 47 customers writing comments, 38 were from Red Wing (55066) and a total of 9 customers were from somewhere else (Cannon Falls, Lake City, Pine Island, or Zumbrota).

Goodhue County Community Health Needs Assessment

SURVEY INSTRUCTIONS



- Please use #2 pencil or blue or black pen to complete this survey.
- Do not use red pencil or ink.
- Do not use X's or check marks to indicate your responses.
- Fill response ovals completely with heavy, dark marks.

Please give this survey to the adult (age 18 or over) in the household who has most recently had a birthday.

1. In general, would you say that your health is:

- Excellent
 Very good
 Good
 Fair
 Poor

2. Have you ever been told by a doctor or other health care professional that you had any of the following health conditions?

	No	Yes	Yes, but only during pregnancy
a. High blood pressure/hypertension	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Pre-hypertension	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Diabetes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Pre-diabetes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Overweight	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Cancer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Chronic lung disease (including COPD, chronic bronchitis or emphysema)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. Heart trouble or angina	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. Stroke or stroke-related health problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
j. High cholesterol or triglycerides	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
k. Arthritis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
l. Depression	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
m. Anxiety or panic attacks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
n. Other mental health problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
o. Obesity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
p. Asthma	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. What kind of place do you usually go to when you are sick or need advice about your health?

- A doctor's office
 A tribal clinic
 An urgent care clinic
 A clinic
 Some other health center
 No usual place
 A free clinic
 An emergency room
 Some other place _____

4. When was the last time you had...

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never
a. ... a flu shot?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. ... a dental exam or your teeth cleaned?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. ... a hearing test?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. ... an eye exam?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. ... your blood pressure checked?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. ... your blood cholesterol checked?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. ... your blood sugar checked?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. ... any screening for skin cancer?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. ... any screening for colon cancer? <i>Examples are fecal occult blood test, proctoscopic exam, sigmoidoscopy, colonoscopy or barium enema</i>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
j. ... a prostate exam (men only)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
k. ... a Pap test (women only)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
l. ... a mammogram (women only)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
m. ... a general health exam?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

DO NOT WRITE IN THIS BOX



5. Are you now trying to lose weight?

- Yes No

6. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Write the number in the boxes, then fill in the appropriate circle beneath each box. ►

		days
0	0	
1	1	
2	2	
3	3	
	4	
	5	
	6	
	7	
	8	
	9	

7. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?

- Yes No ► IF NO, GO TO QUESTION 9

8. Did the doctor, nurse, or other health professional discuss with you or ask you about your:

(Mark ALL that apply)

- Physical activity
- Diet or nutrition
- Weight
- Smoking or other tobacco use
- Stress
- Mental health concerns
- Feeling safe at home

9. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

- Yes No ► IF NO, GO TO QUESTION 11

10. Why did you not get or delay getting the medical care you thought you needed? (Mark ALL that apply)

- I could not get an appointment
- I had transportation problems
- I was too nervous or afraid
- I did not think it was serious enough
- It cost too much
- I did not have insurance
- My insurance did not cover it
- I did not know where to go
- Other reason _____

11. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

- Yes No ► IF NO, GO TO QUESTION 13

IF YES, GO TO QUESTION 12

12. Why did you not get or delay getting the dental care you thought you needed? (Mark ALL that apply)

- I could not get an appointment
- I had transportation problems
- I was too nervous or afraid
- It cost too much
- I did not have insurance
- The dentist wouldn't accept my insurance
- I did not know where to go
- Other _____

13. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

		days
0	0	
1	1	
2	2	
3	3	
	4	
	5	
	6	
	7	
	8	
	9	

14. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go, or delayed talking with someone?

- Yes No ► IF NO, GO TO QUESTION 16

15. Why did you not get or delay getting the mental health care you thought you needed? (Mark ALL that apply)

- I could not get an appointment
- I had transportation problems
- I was too nervous or afraid
- I did not think it was serious enough
- It cost too much
- I did not have insurance
- My insurance did not cover it
- I did not know where to go
- Other reason _____

16. In the past 6 months, which statement best describes medications prescribed for you?

- I had no medications prescribed for me ► GO TO QUESTION 18
- I had medications prescribed for me and I filled ALL of the prescriptions ► GO TO QUESTION 18
- I had medications prescribed for me and I did not fill at least one of them

17. Why did you not fill at least one prescription for medication? (Mark ALL that apply)

- I do not have insurance I did not think I needed the medication I did not like the side effects
 It cost too much I did not know where to go Other _____
 I do not like taking medications I had transportation problems

18. Do you currently have any of the following types of health insurance? (Please mark yes or no for each.)

- | | Yes | No |
|--|-----------------------|-----------------------|
| a. Health insurance or coverage through your employer or your spouse/partner, parent, or someone else's employer | <input type="radio"/> | <input type="radio"/> |
| b. Health insurance or coverage bought directly by yourself or your family (<u>not</u> through an employer) | <input type="radio"/> | <input type="radio"/> |
| c. Indian or Tribal Health Service | <input type="radio"/> | <input type="radio"/> |
| d. Medicare | <input type="radio"/> | <input type="radio"/> |
| e. Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP) | <input type="radio"/> | <input type="radio"/> |
| f. MinnesotaCare | <input type="radio"/> | <input type="radio"/> |
| g. Insurance through MNSure or South County Health Alliance (SCHA) | <input type="radio"/> | <input type="radio"/> |
| h. CHAMPUS, TRICARE, or Veterans' benefits | <input type="radio"/> | <input type="radio"/> |
| i. Other health insurance or coverage (please specify): _____ | <input type="radio"/> | <input type="radio"/> |
| j. NO health insurance coverage | <input type="radio"/> | <input type="radio"/> |

19. Do you consider yourself: Overweight About the right weight Underweight

20. How much do you agree or disagree with these statements about people with mental illness?

- | | Strongly agree | Agree | Disagree | Strongly disagree |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| a. Treatment can help people with mental illness lead normal lives. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. People are generally caring and sympathetic to people with mental illness. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

21. A serving of fruit is one medium-sized piece of fruit or a half cup chopped, cut, or canned fruit. How many servings of fruit did you have yesterday? (Do NOT include fruit juice.)

Servings

0	0
1	1
2	2
3	
4	
5	
6	
7	
8	
9	

Write the number in the boxes, then fill in the appropriate circle beneath each box. ►

22. A serving of 100% fruit juice is 6 ounces. How many 6 ounce servings of 100% fruit juice did you have yesterday?

Servings

0	0
1	1
2	2
3	
4	
5	
6	
7	
8	
9	

23. A serving of vegetables -not including french fries- is one cup of salad greens or a half cup of any other vegetables. How many servings of vegetables did you have yesterday?

Servings

0	0
1	1
2	2
3	
4	
5	
6	
7	
8	
9	

24. How many glasses of each of the following did you drink yesterday?

- | Think of a "glass" as a 12-oz. serving. | 0 | 1-2 | 3-4 | 5-6 | 7 or more |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| a. Milk | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Pop or soda (regular) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Pop or soda (diet) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Sports or energy drinks (Gatorade, Red Bull, Monster, etc.) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

25. In an average week, how many times do you do the following?

- | | 0 | 1-2 | 3-4 | 5-6 | 7 or more |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| a. Eat out or order out a meal from a <u>fast food</u> place (McDonald's, KFC, Taco Bell, pizza places, etc.) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Eat a meal out at a <u>restaurant</u> that is <u>not</u> a fast food place | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Eat a meal from Meals on Wheels | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Eat a meal from a senior dining site | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Eat a meal at a community setting such as a church | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Eat a home-cooked meal | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. Watch television during meal time | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

26. In a typical month, how often do you or others in your household buy or get food from the following places?

- | | Never or less than one time per month | About one time per month | About two or three times per month | About one time per week | Two or more times per week |
|---------------------------------------|---------------------------------------|--------------------------|------------------------------------|-------------------------|----------------------------|
| a. Supermarket or large grocery store | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Small grocery store | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Convenience store or gas station | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Grocery delivery service | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Food shelf or food pantry | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Some other place | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

27. During the growing season, how often do you or others in your household buy or get food from the following places?

- | | Never or less than one time per month | About one time per month | About two or three times per month | About one time per week | Two or more times per week |
|--|---------------------------------------|--------------------------|------------------------------------|-------------------------|----------------------------|
| a. Farmers market, fruit/vegetable stand | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Local farm or CSA (community supported agriculture) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Food grown at home or in a community garden | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

28. How far do you usually go (one way) to get your groceries?

- | | |
|---|-------------------------------------|
| <input type="radio"/> Less than 2 miles | <input type="radio"/> 11-20 miles |
| <input type="radio"/> 2-6 miles | <input type="radio"/> 21-30 miles |
| <input type="radio"/> 7-10 miles | <input type="radio"/> Over 30 miles |

29. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables or meats?

- | | |
|---|---|
| <input type="radio"/> Every day | <input type="radio"/> 1-2 days per week |
| <input type="radio"/> 5-6 days per week | <input type="radio"/> Never |
| <input type="radio"/> 3-4 days per week | |

30. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

- | | |
|---------------------------------|------------------------------|
| <input type="radio"/> Often | <input type="radio"/> Rarely |
| <input type="radio"/> Sometimes | <input type="radio"/> Never |

31. During the past 12 months, have you used a community food shelf program?

- | | |
|---------------------------|--------------------------|
| <input type="radio"/> Yes | <input type="radio"/> No |
|---------------------------|--------------------------|

32. Please mark the extent to which you agree or disagree with each of the following statements.

- | | Strongly agree | Agree | Disagree | Strongly disagree |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| a. The fresh fruits and vegetables where I usually shop are too expensive | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Fruits and vegetables are difficult to prepare | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

33. When you are at work, which of the following best describes what you do? (Please mark only ONE answer)

- Mostly sitting Mostly heavy labor or physically demanding work
 Mostly standing
 Mostly walking Not currently employed

34. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening or walking for exercise?

- Yes No

35. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? Moderate activities cause only light sweating and a small increase in breathing or heart rate.

- 0 days 2 days 4 days 6 days
 1 day 3 days 5 days 7 days

36. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.

- 0 days 2 days 4 days 6 days
 1 day 3 days 5 days 7 days

33. Where do you usually do exercise or physical activities? (Mark ALL that apply)

- At home
 At work
 At a health club, fitness center, or gym
 At a public recreation facility or community center
 Somewhere outdoors (park, trails, etc.)
 Some other place
 Not applicable—I do not or I am unable to do physical activities

38. Please indicate if you have the following resources and facilities in your community, and if so, whether or not you use that resource or facility.

- a. Walking paths or trails
 b. Bicycle paths, shared use paths or bike lanes
 c. Public swimming pools or water parks
 d. Public recreation or community centers
 e. Parks or sports fields
 f. Schools, colleges or universities that are open for public use for exercise or physical activity
 g. A shopping mall or store for physical activity or walking
 h. Health club, fitness or wellness center (YMCA, Curves, Snap Fitness, Anytime Fitness, etc.)
 i. Nearby waterways, such as creeks, rivers, and lakes for water-related activities (canoeing, swimming, kayaking, etc.)

	Does your community have this?			If yes, do you use it?	
	Don't know	My community does not have this	My community has this	I use this	I do not use this
a.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

39. Has your household air ever been tested for the presence of radon?

- Yes No ► GO TO QUESTION 41

40. Has your household air ever tested positive for radon?

- Yes No

41. In the past 12 months, has someone living in your home made you fearful through action, tone of voice, threats, or destroying your property?

- Yes No

42. Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes = 5 packs)

- Yes No ► GO TO QUESTION 45

43. Do you now smoke cigarettes every day, some days, or not at all?

- Every day
 Some days
 Not at all ► GO TO QUESTION 45

44. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

- Yes No

45. How often do you use any of the following products?

Every day Some days Never

- a. Cigars, cigarillos, or little cigars
- b. Pipes
- c. Snuff, snus or chewing tobacco
- d. E-cigarettes
- e. Any other type of tobacco product
- f. Marijuana

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

46. Does anyone, including yourself, smoke tobacco (not including e-cigarettes) regularly inside your home?

Yes No

47. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?

Yes No

48. In Goodhue County, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car?

Yes No

49. In Goodhue County, have you ever seen anyone smoke an e-cigarette?

Yes No

50. Where have you seen people smoke tobacco OR e-cigarettes in Goodhue County?

(Mark ALL that apply)

- a. Your workplace
- b. A restaurant or bar
- c. A business or shopping area
- d. A park or outdoor recreation area
- e. An outdoor community sports event
- f. A sidewalk or building entrance
- g. Some other places
- h. None of these places

Tobacco E-cigarettes

<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>

51. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?

Yes No ► IF NO, GO TO QUESTION 53

52. Does anyone ever smoke tobacco in any of the following areas in your building? (Mark ALL that apply)

- | | |
|-------------------------------------|--|
| <input type="radio"/> Apartments | <input type="radio"/> Lobby or lounge areas |
| <input type="radio"/> Hallways | <input type="radio"/> Party rooms |
| <input type="radio"/> Laundry rooms | <input type="radio"/> On patios or balconies |

53. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

Yes No ► IF NO, GO TO QUESTION 57

54. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage? →

		Days
0	<input type="radio"/>	
1	<input type="radio"/>	
2	<input type="radio"/>	
3	<input type="radio"/>	
4	<input type="radio"/>	
5	<input type="radio"/>	
6	<input type="radio"/>	
7	<input type="radio"/>	
8	<input type="radio"/>	
9	<input type="radio"/>	

55. During the past 30 days, on the days when you drank, about how many drinks did you drink on average?

(One drink is equivalent to a 12-oz. beer, a 5-oz. glass of wine, or a drink with one shot of liquor.)

- | | |
|--------------------------------|---|
| <input type="radio"/> 1 drink | <input type="radio"/> 6 drinks |
| <input type="radio"/> 2 drinks | <input type="radio"/> 7 drinks |
| <input type="radio"/> 3 drinks | <input type="radio"/> 8 drinks |
| <input type="radio"/> 4 drinks | <input type="radio"/> 9 drinks |
| <input type="radio"/> 5 drinks | <input type="radio"/> 10 drinks or more |

56. Considering all types of alcoholic beverages, how many times during the past 30 days did you have...?

FOR FEMALES:

4 or more drinks on an occasion

		Times
0	<input type="radio"/>	
1	<input type="radio"/>	
2	<input type="radio"/>	
3	<input type="radio"/>	
4	<input type="radio"/>	
5	<input type="radio"/>	
6	<input type="radio"/>	
7	<input type="radio"/>	
8	<input type="radio"/>	
9	<input type="radio"/>	

FOR MALES:

5 or more drinks on an occasion

		Times
0	<input type="radio"/>	
1	<input type="radio"/>	
2	<input type="radio"/>	
3	<input type="radio"/>	
4	<input type="radio"/>	
5	<input type="radio"/>	
6	<input type="radio"/>	
7	<input type="radio"/>	
8	<input type="radio"/>	
9	<input type="radio"/>	

57. Do you ever drive a car or other vehicle?

- Yes No ► GO TO QUESTION 59

Not applicable:
I don't
have a
cell phone

58. When DRIVING a car or other vehicle, how often do you...

- | | | | | |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| | Often | Sometimes | Never | |
| a. ...read or send text messages? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. ...make or answer a phone call? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. ...do other activities such as eat, read, apply makeup or shave? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| d. ...drive when you have perhaps had too much to drink? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |

59. How often do you wear a seat belt when you drive or ride in a car?

- Always Most of the time Sometimes Seldom Never

60. Do you have access to at least one *working* car or other vehicle to use when you need to?

- Yes No

61. During the past 12 months, did you seriously think about killing yourself?

- Yes No

62. Are you:

- Male Female

63. Do you think of yourself as...? (Mark ALL that apply)

- Heterosexual or straight
- Gay, lesbian, or homosexual
- Bisexual
- Other

64. Your age group:

- 18-24 35-44 55-64 75+
 25-34 45-54 65-74

65. Are you of Hispanic or Latino origin?

- Yes No

66. Which of the following best describes you?

(Mark ALL that apply)

- American Indian
- Asian or Pacific Islander
- Black or African American or African
- White
- Other _____

67. What is the zip code where you live? →

0	0	0	0	0
1	1	1	1	1
2	2	2	2	2
3	3	3	3	3
4	4	4	4	4
5	5	5	5	5
6	6	6	6	6
7	7	7	7	7
8	8	8	8	8
9	9	9	9	9

68. How tall are you without shoes?

	Feet		Inches
0		0	
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
9		9	
10		10	
11		11	

69. Approximately how much do you weigh? →

			Pounds
0	0	0	
1	1	1	
2	2	2	
3	3	3	
4	4	4	
5	5	5	
6	6	6	
7	7	7	
8	8	8	
9	9	9	

70. **Including yourself**, how many adults live in your household?

Number of adults:

① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ or more

71. How many children (under age 18) live in your household?

Number of children:

① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ or more

72. What is the highest level of education you have completed? *(Please mark only ONE)*

- Did not complete 8th grade
- Did not complete high school
- High school diploma/GED
- Trade/Vocational school
- Some college
- Associate degree
- Bachelor's degree
- Graduate/Professional degree

73. Household income per year:

- | | |
|---|---|
| <input type="radio"/> Less than \$10,000 | <input type="radio"/> \$50,000 - \$74,999 |
| <input type="radio"/> \$10,000 - \$14,999 | <input type="radio"/> \$75,000 - \$99,999 |
| <input type="radio"/> \$15,000 - \$24,999 | <input type="radio"/> \$100,000 - \$149,999 |
| <input type="radio"/> \$25,000 - \$34,999 | <input type="radio"/> \$150,000 - \$199,999 |
| <input type="radio"/> \$35,000 - \$49,999 | <input type="radio"/> \$200,000 or more |

74. Are you currently... *(Mark ALL that apply)*

- Employed
- Self-employed or farmer
- Serving in the Armed Forces
- Unemployed or out of work
- A homemaker or stay-at-home parent
- A student
- Retired
- Unable to work because of a disability

75. In your opinion, what is "healthy" about your community?

76. And what is "unhealthy" about your community, in your opinion?

Thank you for completing this survey!