

## **2017 GOODHUE COUNTY COMMUNITY HEALTH ASSESSMENT ANNEXES**

### **A: Assets and Resources – United Way People’s Pamphlet**

<https://www.uw-gwp.org/wp-content/uploads/2015/06/Peoples-Pamphlet-Final-2017.pdf>

This pamphlet compiled by the United Way of Goodhue, Wabasha, and Pierce Counties was used by the Community Health Assessment Committee in brainstorming the current situation for the top strategic issues.

The People’s Pamphlet describes community resources or assets that may be employed to improve the community’s health. This includes citizen associations, local institutions, nonprofits, businesses etc. in the areas of Health and Human Services, Mental Health and Chemical Dependency, Child and Youth Services, Food, Financial, Disabilities, Health, Servicio a los Hispanos, Transportation, Used Furniture and Clothing, Housing, Senior Services, Victim Assistance, Legal, and United Way Funded Programs.

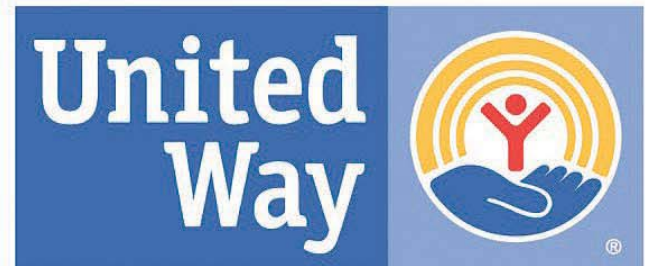
# PEOPLE'S PAMPHLET



For additional resources call 211,  
United Way's confidential  
24 hour resource hotline.

Dial 2-1-1, (651) 291-0211,  
1-800-543-7709 or  
visit [www.211unitedway.org](http://www.211unitedway.org)

## United Way of Goodhue, Wabasha & Pierce Counties



United Way fights for the health, education and financial stability of every person in every community. LIVE UNITED.  
413 West Third Street, Red Wing, MN 55066 / 651.388.6309 / [www.uw-gwp.org](http://www.uw-gwp.org) / [www.facebook.com/unitedwaygwp](http://www.facebook.com/unitedwaygwp)

### Goodhue County Health & Human Services 651-385-3200

[www.co.goodhue.mn.us/172/Health-Human-Services](http://www.co.goodhue.mn.us/172/Health-Human-Services)

#### Social Services:

- Child & Adult Protection • Foster Care • Adoption
- Mental Health • Chemical Dependency
- Child Care Licensing • Child Care Assistance

#### Public Health:

- Healthy Communities
- Disease Prevention & Control
- Emergency Preparedness
- Maternal Child Health • WIC
- Home & Community Based Service Waivers

#### Economic Assistance:

- Child Support • Income Maintenance
- Medical Assistance • Food Support
- Cash Assistance • Emergency Assistance

### Goodhue County Veterans Services 651-385-3256

[www.co.goodhue.mn.us/187/Veterans-Service](http://www.co.goodhue.mn.us/187/Veterans-Service)

### Wabasha County

#### Social Services 651-565-3351

[www.co.wabasha.mn.us/index.php/departments/social-services](http://www.co.wabasha.mn.us/index.php/departments/social-services)

- Child Support
- Parent Support Outreach Program
- Disability Services • Medical Programs
- Financial Assistance

#### Public Health 651-565-5200

[www.co.wabasha.mn.us/index.php/departments/public-health](http://www.co.wabasha.mn.us/index.php/departments/public-health)

- Women, Infants, and Children (WIC)
- Child and Teen Checkups
- Follow Along Program • Maternal Child Health
- Family Home Visiting • Care Coordination
- MN Choices/Assessments
- Disease Prevention & Control
- Tuberculosis Screening • Immunizations
- Emergency Preparedness • Car Seats

#### Veterans Services 651-565-3864

[www.co.wabasha.mn.us/index.php/departments/veterans-services](http://www.co.wabasha.mn.us/index.php/departments/veterans-services)

### Pierce County

#### Human Services 715-273-6766

[www.co.pierce.wi.us/Human%20Services/Human\\_Services\\_Main.php](http://www.co.pierce.wi.us/Human%20Services/Human_Services_Main.php)

- Children, Youth & Families Programs
- Mental Health & AODA
- Economic Support • Child Support

#### Public Health Services 715-273-6755

[www.co.pierce.wi.us/Public%20Health/Public\\_Health\\_Main.php](http://www.co.pierce.wi.us/Public%20Health/Public_Health_Main.php)

- Birth To Three • Environmental Health
- Reproductive Health • WIC

#### Aging and Disability Resource Center 715-273-6780

[www.co.pierce.wi.us/Human%20Services/ADRC.html](http://www.co.pierce.wi.us/Human%20Services/ADRC.html)

#### Veterans Services 715-273-6753

[www.co.pierce.wi.us/Veterans%20Services/Veteran\\_Services\\_Main.php](http://www.co.pierce.wi.us/Veterans%20Services/Veteran_Services_Main.php)

# United Way of Goodhue, Wabasha & Pierce Counties

**Key:** Resources may be labeled with their service area: Goodhue=**G**, Wabasha=**W**, & Pierce=**P**

## Mental Health and Chemical Dependency

- GW** Crisis Response for Southeast MN 1-844-274-7472
  - GWP** Zumbro Valley Mental Health Center 507-289-2089
  - G** Programa de Terapia en Español 651-301-2184
  - GW** Hiawatha Valley Mental Health Center 1-800-657-6777
  - GW** Fernbrook 651-212-7429
  - GWP** National Alliance for the Mentally Ill (NAMI) 1-800-950-6264
  - P** Northwest Connections 24-hour Crisis Line 1-888-552-6642
  - GW** Red Wing Youth Outreach 651-388-3371
  - GWP** Covered Bridge Family Resources 507-732-4136
  - GWP** Possibilities Therapeutic Services 651-301-1369
  - GWP** EmPower CTC 507-292-1379
  - GWP** National Suicide Prevention Lifeline 1-800-273-TALK
  - GW** Alcoholics Anonymous Minnesota 651-227-5502  
aaminnesota.org
  - P** Alcoholics Anonymous Wisconsin 800-839-1686
  - GWP** Local Independent Therapists and Counselors <https://therapists.psychologytoday.com/rms>  
Mayo Red Wing Behavioral Health 651-385-3260 or 1-800-464-2296
- ## Child and Youth Services
- GW** Families First of MN — Early Childhood Resources, Scholarships and Referral 1-800-462-1660
  - P** Positive Alternatives Inc. — shelter, prevention and intervention services main office 715-426-2224 or crisis line 1-800-491-Teen (8336) or text 715-505-4582
  - GW** Red Wing Youth Outreach- intervention, life skills education and mentoring 651-388-3371
  - G** Hispanic Outreach – Youth Mentoring 651-301-2184
  - GWP** HOPE Coalition Kids Count- program for children who have experienced abuse and neglect 651-388-9360
  - GWP** Red Wing Family YMCA 651-388-4724
  - GWP** Child Help National Abuse Hotline 1-800-422-4453

- GW** Parent Aware 1-888-291-9811  
Find high quality child care and early education programs
- GW** Three Rivers Community Action Head Start 507-732-7391

## Food

*Food Shelves located across Goodhue, Wabasha & Pierce Counties:*

- **All Seasons Food Shelf**, Kenyon 507-789-6162
- **Cannon Falls Food Shelf**, Cannon Falls 507-263-3257
- **Lake City Food Shelf**, Lake City 651-345-5888 or 651-345-4631
- **Mazepa Food Shelf**, Mazepa 507-843-3800
- **Pierce County Food Pantry**, Ellsworth 715-273-2070
- **Pine Island Sharing Shelves**, Pine Island 507-356-2999
- **Plainview-Elgin Food Shelf**, Elgin 507-876-0112
- **Plum City Food Pantry**, Plum City 715-647-2191
- **Prescott Area Food Pantry**, Prescott 715-262-4143
- **Red Wing Area Food Shelf**, Red Wing 651-388-9302
- **River Falls Food Pantry**, River Falls 715-425-6880
- **Spring Valley Community Food Pantry**, Spring Valley 715-778-5988
- **Wabasha Area Food Shelf**, Wabasha 651-565-5667 or 651-565-4531
- **Zumbrota Area Emergency Food Shelf**, Zumbrota 507-732-7330

**GW** Three Rivers Community Action- Home-delivered meals 507-732-7391

**P** West Central Wisconsin Community Action Agency 715-265-4271

**W** St. Isidore, Plainview Home-delivered meals 507-710-7963

**G** Meals on Wheels, St. Crispin Living Community 651-385-3434

**GW** Minnesota Food Helpline 1-888-711-1151

**W** Southeast Minnesota Rural Education and Resource Center 507-932-5203

Free Community Meal at First United Methodist, Red Wing, 5:00pm on the 2nd, 3rd, & 4th Sundays of month 651-388-3262

## SEMCAC Senior Dining Sites

- Cannon Falls, Stonehouse Apartments, 11:30 (M,T,W,Th,F) 507-263-3956
- Kenyon, Gunderson Gardens, 11:30 (T, W, Th) 507-864-8231
- Pine Island, Senior Center, 11:30 (M,T,W,Th,F) 507-356-2228
- Red Wing, Jordan Tower II, 11:45 (Sun-Sat) 651-388-9875
- Zumbrota, Zumbrota Tower, 11:30 (M,T,W,Th,F) 507-732-5086
- Lake City, Lake Pepin Plaza, 11:30 (M,T,W,Th,F) 651-345-5977
- Wabasha, Maple Grove Apartments, 11:30 (M,T,W,Th,F) 507-459-5766

**Red Wing Free Summer Lunch Program for all youth birth-18yrs of age-** Call 651-385-4583 or 211 or 1-800-543-7709, or Text 612-516-FOOD

**Cannon Falls Free Summer Food Program for all youth birth-18yrs of age-** Call 507-263-6800 or 211 or 1-800-543-7709, or Text 612-516-FOOD

## Financial

**GWP** IRS Taxpayer Assistance 1-800-829-1040

**GWP** LSS Credit Counseling 1-888-577-2227

**GW** Three Rivers Community Action — Energy Bill Pay Assistance 507-732-8554

**P** West Central Wisconsin Community Action Agency 715-265-4271

Workforce Development  
Wabasha 651-565-2635

Red Wing 651-385-6402

**GWP** Salvation Army Heat Share 800-842-7279

**P** St. Croix Valley Job Center 715-426-0388

**GWP** HOPE Coalition — Community Care Fund

Walk-in hours: Tuesday-Friday 2-4 pm, or call 651-388-9360 ext 2

**W** Wabasha Area Community Resource Center 651-565-0359

**G** Red Wing Salvation Army — Emergency Assistance 651-388-9360 ext 2

**GWP** AARP Tax Aide 1-888-OUR-AARP

## **GW** Family Voices of MN

- MN Telephone Equipment Distribution Program 1-800-657-3663
- Telephone Service Discount Program 651-296-0406
- Free Voicemail 651-643-0883

**GW** Bridge to Benefits [www.bridgetobenefits.org](http://www.bridgetobenefits.org) (public work support eligibility screening tool)

## Disabilities

**W** Great River Homes, residential and in-home services, 651-565-4884

**GW** The Arc Southeastern MN, advocacy, support and education 1-888-732-8520

**GW** Minnesota Relay, relays the phone conversation between a person who has hearing loss or a speech disability and a hearing person. Call 7-1-1

**RideAbility Therapeutic Horseback Riding** 507-356-8154

**ProAct**

Red Wing 651-388-7108

Zumbrota 507-732-7888

**GW** Minnesota Hand and Voices 651-265-2435 or 1-866-346-4543  
Services to families of children who have been diagnosed as deaf or hard of hearing.

**GW** Disability Linkage Line 1-866-333-2466

**G** Opportunity Services 651-222-0887

**GW** SE MN Center for Independent Living (SEMCIL) 507-285-1815

**P** Aging and Disability Resource Center 877-273-0804

**P** Have a Heart Inc. 715-425-7754

**W** Wabasha Developmental Achievement Center 651-565-3612

## Health

St. Elizabeth Medical Center- Wabasha 651-565-4531

**GWP** Heartland Hospice Goodhue & Wabasha County residents-Call Rochester office 877-290-1170  
Pierce County residents- Call Eau Claire office 888-633-6522

**P** Free Clinic of Pierce & St. Croix County 715-307-3948

**GWP** Hiawatha Home Care 651-388-2223

**GWP** Mayo Clinic Health System- Ellsworth 715-273-5061  
Elmwood 715-639-4151

# United Way of Goodhue, Wabasha & Pierce Counties

**Key:** Resources may be labeled with their service area: Goodhue=**G**, Wabasha=**W**, & Pierce=**P**

**Wabasha** 651-565-4571  
**Cannon Falls** 507-263-6000  
**Lake City** 651-345-3321  
**Red Wing** 651-267-5000  
**Zumbrota** 507-732-7314  
**River Falls Area Hospital**  
 715-307-6000

**GWP First Choice Clinic**  
 651-267-4357  
**G CARE CLINIC**, Free clinic in  
 Red Wing 651-388-1022  
**G Life Choice Pregnancy Resource  
 Center**, Cannon Falls 507-263-8000  
**GW MNsure** 1-855-366-7873  
**GW Sage** 1-888-643-2584 Free breast  
 exams, mammograms, cervical cancer  
 screenings, colonoscopies, smoking  
 cessation  
**GWP La Leche League of Red Wing**  
 — breastfeeding support 651-388-3575  
**GWP Familywise Free Prescription  
 Discount Card**, Text “family” to  
 700-700

## Servicio a los Hispanos

**G Hispanic Outreach Program of  
 Goodhue County** 651-301-2184

## Transportation

**GW Hiawathaland Transit/Dial-  
 A-Ride/Volunteer Transit-HART  
 Program** 1-866-623-7505  
**GWP Taxi Company of Red Wing**  
 651-385-8294  
**P West Central Wisconsin  
 Community Action Agency**  
 715-265-4271  
**G Faith in Action**, Red Wing  
 651-327-2400  
**W Faith in Action**, Plainview  
 1-507-534-1244  
**W Wabasha County Veterans  
 Services** 651-565-3864  
**G Goodhue County Veterans  
 Services** 651-385-3256

**P Pierce County Veterans Services**  
 715-273-6753

## Used Furniture & Clothing

**Tried & True Thrift Store**,  
 Ellsworth 715-273-4933  
**Treasures from the Heart**,  
 River Falls 715-425-9771  
**Annadee's Closet**, Red Wing  
 651-388-7031  
**Connecting Connection**,  
 Red Wing 651-388-1900  
**Salvation Army**, Red Wing  
 651-388-9270  
**Wise Penny Thrift Store**,  
 Red Wing 651-385-0565  
**Common Closet Thrift Store**,  
 Wabasha 651-565-0359  
**Pass It On**, Lake City 651-345-4901  
**GWP Bridging** (Need a referring  
 agency-see website [www.bridging.org](http://www.bridging.org))  
 952-888-1105  
**P Basics for Local Kids**,  
[basicsforlocalkids.org](http://basicsforlocalkids.org) 1-715-821-1623

## Housing

**GW Southeastern Minnesota Multi-  
 County Housing and Redevelopment  
 (SEMMCHRA)** 651-565-2638  
**GW Three Rivers Community Action**  
 507-732-7391  
**P River Falls Housing Authority**  
 715-425-7640  
**P St. Croix Valley Habitat for  
 Humanity** 715-425-5623  
**P Positive Alternatives** — Youth long  
 term, short term, respite and crisis  
 shelter 715-426-2224  
**GWP Common Bond-Maple Hills  
 Apartments** 651-388-2821  
**P West Central Wisconsin  
 Community Action Agency**  
 715-265-4271, 1-800-606-9227

**GWP Goodhue County Habitat for  
 Humanity** 651-327-2195

**G Red Wing Housing and  
 Redevelopment Authority**  
 651-388-7571

**G HOPE Coalition**  
 651-388-9360 ext. 2

**G Coordinated Entry System Access  
 Points in Goodhue County**  
 Individuals and Families with  
 Children call Three Rivers  
 Community Action, Inc:  
 507-732-7391 or 1-800-277-8418  
 Victims of Domestic and Sexual  
 Violence call HOPE Coalition:  
 1-800-369-5214 or 651-388-9360  
 ext. 11  
 Veterans call MN Assistance  
 Council for Veterans: 507-345-8258

**W Coordinated Entry System Access  
 Points in Wabasha County**  
 Individuals and Families with  
 children call Three Rivers  
 Community Action, Inc:  
 507-732-7391 or 1-800-277-8418  
 Victims of Domestic and Sexual  
 Violence call Women's Shelter, Inc.:  
 651-565-4112  
 Veterans call MN Assistance  
 Council for Veterans: 507-345-8258

## Senior Services

**W Elder Network** 651-565-3237  
**GW Senior Linkage Line**—  
 800-333-2433  
**W Senior Health and Wellness  
 Offerings** (Tai Ji Quan, Matter of  
 Balance, Fit City Seniors, Water  
 Aerobics, Support Groups, etc) –  
 Call 2-1-1 or 1-800-543-7709 for  
 schedule and locations  
**Shepherd's Center of the Cannon  
 Valley**, Cannon Falls 507-263-2136  
**Pier 55-Red Wing Area Seniors**,  
 Red Wing 651-327-2255

**G Faith in Action Red Wing**  
 651-327-2400

**GW Three Rivers Community Action**  
 507-732-7391  
**SEMCAC Senior Dining**- See “Food”  
 section

## Victim Assistance

**P Victim Assistance Program**  
 715-273-6750  
**GW HOPE Coalition-Sexual Assault  
 Service**  
 24 hour Crisis Hotline 1-800-519-6690  
 or office 651-388-9360  
**GW HOPE Coalition-Haven of  
 Hope** (Domestic Violence Shelter,  
 Red Wing)  
 24-hour crisis line 1-800-369-5214 or  
 office 651-385-8601  
**P St. Croix Valley Sexual Assault  
 Response Team, Inc.** 715-425-6443  
**P Turning Point for Victims of  
 Domestic and Sexual Violence**,  
 24 hour crisis line 1-800-345-5104,  
 24 hour text hotline 715-821-8626,  
 local 715-425-6751

## Legal

**GW Southern MN Regional Legal  
 Services** 888-575-2954  
**GW MN Disability Law Center**  
<https://mn.gov/disability-mn/topics/>  
**GW Volunteer Lawyers Network**  
 612-752-6677  
**GW MN Find a Lawyer Directory**-  
[mnfindalawyer.com](http://mnfindalawyer.com)  
**GW Call for Justice** 612-333-4000  
[callforjustice.org](http://callforjustice.org)  
**G Red Wing Human Rights  
 Commission** 651-385-3612  
[http://www.red-wing.org/  
 humanrightscommission.html](http://www.red-wing.org/humanrightscommission.html)

## United Way Funded Programs



United Way's Imagination Library program provides one free book per month for children birth to age 5 in participating communities. Call UW at 651-388-6309 to register. Participation is limited to one child per household.

United Way's Packing for the Weekend program is designed to feed children who do not have reliable access to food on non-school days. For many children, school breakfast and lunch are the only meals they can count on. Contact your school social worker for availability and to register.







ST. CRISPIN  
LIVING COMMUNITY  
Benedictine Health System

## A Community of Caring

St. Crispin Living Community provides residents and their families with high-quality compassionate services in settings that promote choice and independence for all.

- Senior apartments
- Assisted living
- Memory care
- Skilled nursing care
- Rehabilitation therapy
- Volunteer opportunities

906 College Ave. | Red Wing, MN | 651-385-3434  
135 Pioneer Rd. | Red Wing, MN | 651-380-2109  
[www.stcrispinlivingcommunity.org](http://www.stcrispinlivingcommunity.org)



# IT'S GIVING TIME



"Dakota" means friend and ally. Treasure Island Resort & Casino and the Prairie Island Indian Community are proud to be a friend and ally to the United Way and many other non-profit and community organizations.

[Tlcasino.com](http://Tlcasino.com) | 1-800-222-7077

© 2017 Treasure Island Resort & Casino

Nick's Downtown Diner located in Cannon Falls at 331 Mill Street West, looks forward to serving you soon! Hours 7am-3pm, patio seating available, breakfast served all day, family owned & operated.

Chris & Barbara Weigman  
Cannon River Catering Co  
DBA Nick's Downtown Diner  
Cannon Falls, MN 55009  
612/423-6164

Randy's Restaurant supports the community and is a proud to partner with United Way to Ensure a better life for all.

## Randys

709 Main Street Red Wing

give. advocate. volunteer.  
**GET CONNECTED**



**GET CONNECTED** is your one-stop shop to find volunteer opportunities and special events in our area.

For more information or to sign up, visit [uw-gwp.org/getconnected](http://uw-gwp.org/getconnected).

**Get Involved, Make a Difference.**

## COMMUNITY

Community involvement and support is deeply rooted in the history and culture of Red Wing Shoe Company. Our company, foundation and employees are proud to support the communities in which we live and work.

We are fortunate to have amazing organizations like our United Way and its affiliated partners who work tirelessly to make our communities great places to live!

