

**MINUTES**  
**Goodhue County Public Health Service**  
**BOARD OF HEALTH MEETING**  
**Tuesday, March 21, 2006**  
**1:00 p.m.**  
**County Board Room**  
**Red Wing, MN 55066**

**Members Present:** Commissioners Ron Allen, Dan Rechtzigel, Richard Samuelson, & Ted Seifert

**Others Present:** Karen Main, Sue Morgan, Jason Petersen, Christine Boyer, Kristine Holst

**I. Call to Order**

Chair, Ted Seifert called the meeting to order at 1:00 p.m. in the Goodhue County Board Room.

II. C/Seifert asked if there were any disclosures of interest. There were none.

**III. Approval of Agenda**

*Motion by C/Allen, seconded by C/Rechtzigel, carried to approved the agenda for March 21<sup>st</sup>, 2006.*

**IV. Approval of Minutes**

*Motion by C/Samuelson, seconded by C/Allen, carried to approve the minutes of the February 21<sup>st</sup>, 2006 as presented.*

**V. Consent Agenda**

- a. Waiver/Alternative Care Contract with The Bridges of Zumbrota, effective January 1, 2006 through September 30<sup>th</sup>, 2006.
- b. Waiver/Alternative Care Contract with Welcome Home Health Care, Inc., effective January 1, 2006 through September 30, 2006.

*Motion by C/Rechtzigel, second by C/Allen, carried to approve the above listed items on the consent agenda.*

**VI. Review of Financial Reports**

Year to date positive revenue variance \$30,387

Year to date negative expense variance \$1,674

Year to date net positive variance \$32,061

Ms. Holst indicated that she had nothing to add to the report.

**VII. Administrative Reports**

**A) Director of Public Health**

Ms. Main reviewed the submitted report.

One of the PHS goals for 2006 is to “increase public awareness of plans to deal with public emergencies”. Susan Johnson and Vicki Iocco have made a lot of progress toward achieving this goal. They have made a number of presentations and have several scheduled. Because we are “going public” they will give a twenty minute version of their presentation at the Board of Health meeting. We think it will be helpful to the Commissioners to know what the public is hearing and to be able to answer questions they may be asked.

Four staff has been to the Department of Health training to learn the new state reporting requirements. Local public health agencies now report in terms of the six Essential Activities including how staff and funds are allocated to the six ELAs. This is new for all of us but is a good way to focus attention on

what public health is supposed to do. In April we will give the Board a summary of the report we will provide to the state at the end of this month.

We are continuing discussions regarding new requirements relating to South Country Health Alliance and optional service configurations. We will need more information from SCHA before we can make recommendations to the Board of Health. Hopefully some of this will be forthcoming at the March 27 meeting of Directors of Public Health and Social Services.

## **B) Director for Nursing Report**

Ms. Morgan indicated that she will highlight a couple of points.

**Staffing:** We are very excited to report that we have hired Heidi Taylor as an LPN. After a brief orientation, she will start providing direct services to our clients.

**Blankets for Katrina Children:** Our 12 U of M students have been participating in many PH activities and an unexpected benefit has resulted. Scott Harpin, who is the clinical instructor for the students, is spending some spring-break time volunteering down in Louisiana, assisting with post-hurricane efforts. Janet Barber, project coordinator at the jail, had some hand-tied fleece blankets that were made by detainees for children who were victims of the Hurricane Katrina. Janet had hoped to somehow get them to LA. Somehow the subject came up while Scott and the students were doing some teaching in the jail health unit. Through their collaboration, not only the fleece blankets, but some “Boyd’s Bears” will heading to LA to some very lucky families!

**SCHA:** We continue to communicate with SCHA about the Care Coordination Project to determine how these new positions will be reimbursed, what duties the staff will have, and how soon they need to be on board. We have no new information at this time, but will keep you posted.

**Jail Health Meeting:** We will be hosting the Southeast District Jail Nurse meeting here in Goodhue County on March 28, 2006. These meetings are held quarterly and provide a forum to communicate with other healthcare staff from jail settings in southeast MN to share ideas and improve efficiency. Census at the jail remains steady. We continue to provide medication training and infection control training to the detention deputy staff, as well as providing the jail health services.

**WIC:** February case load continued to be high at around 950! Our Family Health nurses do an excellent job providing this valuable service to such a large population.

**Aide Inservice:** On March 15<sup>th</sup> we held our first Aide Inservice of the year. Topics included a talk on Mental Health conditions and a session on emergency preparedness.

## **C) Healthy Communities Report**

Ms. Brace-Adkins indicated that the NACo discount drug card process is completely underway and we hope to receive the cards the week of April 10<sup>th</sup>, we will be delivering the cards to a variety of places around the County, also putting flyers in church bulletins, posters, and would like to have the Board chair do a media conference the week of April 10<sup>th</sup> to let people know about the drug discount card, we are hoping that the roll date would be April 17<sup>th</sup>.

C/Rechtzigel asked that all Commissioners be provided with the information, so that if they get questions about the program, the information is available, also requested that they get a list of the places that the cards are provided at.

C/Rechtzigel questioned if you already have coverage, this does not apply? Ms. Brace-Adkins indicated that it applies if your coverage does cover the medicine that you like, it can be used by elderly people who have Medicare D.

C/Samuelson questioned if the drug companies are doing this on their own are they financially reimbursed somehow? Ms. Brace-Adkins indicated that we are not being charged as a County, CareMark is the actual insurance company in charge of this discount drug program through NACo, and they are being reimbursed through pharmaceutical companies for the program. They are being recognized with their name on it, getting some free Public Relations.

C/Seifert questioned if it is 20% off of every drug or some drugs? Ms. Brace-Adkins indicated that it is up to 20%, is the average amount of savings, dependent on the type of medication, this is mostly for the drugs that are not in the formulary at all.

Ms. Brace-Adkins indicated that this program is typically for folks who don't have any prescription drug coverage, trying to fill in the cracks where we can, and won't be able to meet everyone's needs.

### **Disease Prevention, Control and Immunizations**

- Two new vaccines are now available through MN Vaccines for Children – these are Tdap and MMRV.
- The recommendation for the Flu vaccine for has expanded for children and will be for those 6 months to 59 months. It had previously been 6 months to 23 months.
- Vicki Iocco and Susan Johnson developed a pandemic flu presentation and have presented to a variety of groups over the last month in Goodhue County. This effort is part of DP & C's work plan in developing and implementing a pandemic flu presentation that could be given to a wide range of audiences from professional staff to community members.

### **KIDS: Handle with Care**

- The Erin Walsh (Dr. Walsh's daughter) event on February 28 was very successful. Due to plane problems, Ms. Walsh wasn't able to provide her program at Red Wing High School, but she did provide her program to other schools and at the United Lutheran Church in Red Wing.
- The KIDS: Handle with Care day is on April 1<sup>st</sup> and a lesson plan for area schools is being developed to address the issues of emotional and verbal abuse

### **Health Priorities**

- The Tour the County Fitness Club has been very successful through K-W Community Education. We have had over 50 participants. In the first month of the program, one adult participant walked over 54 miles in one week and one youth participant walked over 93 miles in one week!
- Classes were provided on nutrition to supplement the "Power of the Pyramid" play at county schools. Both Cannon Falls and Zumbrota have used our interactive display board to supplement materials about nutrition for the play as well.
- Documents were developed for schools in assisting them in their wellness policy. There are general statistics available for schools about nutrition, obesity and physical activity. Public health will also assist schools with comparing their school district Minnesota Student Survey data to the county and state. We also developed a document about "School Food Success Stories" that highlight some of the changes schools have made across the country in regards to food guidelines.
- The "Eat Better, Move More" nutrition and physical activity program will be offered at Gunderson Gardens in Kenyon starting in April.
- The Citizens for a Smoke-Free Goodhue County are continuing to meet. The next meetings will be on Thursday, March 30 from 7-8:30 at the Zumbrota Library and Tuesday, April 4 from 12-1 at the public health office.
- Tom Wolff, the MPAAT grant coordinator is working on the MPAAT grant for year 2 that is due on April 3, 2006
- The Chemical Health Initiative Coalition of Goodhue County had a kick-off meeting on March 9 to describe their new services based on their additional funding. This coalition will be providing chemical health services within the schools. They will also be providing some staff time to develop community coalitions in Red Wing, Cannon Falls, Zumbrota-Mazeppa, Kenyon-Wanamingo and Goodhue. Public health will continue to be involved in the community coalition for Red Wing.

## **D) Environmental Health**

- Mr. Petersen indicated that licensing has been completed for the Food, Beverage and Lodging establishments. Only four license applications were submitted late. Mobile home park licensing went out last week.

- Two methamphetamine labs reported in March report, since the report was written we have received the report back on the first lab that was accessed, the second property is being accessed today, hopefully the clean-up will be started fairly soon, both of the owners of the properties have been fairly cooperated. Both properties were in the City of Red Wing are subject to the Cleanup of Clandestine Drug Lab Sites Ordinance.

## VIII. Old Business

Ms. Main indicated that Commissioner Rehtzigel raised the issue of adding the two citizen members of the Welfare Board to the Board of Health. Staff was asked to research the mechanism by which this could happen. The 1998 resolution that creates the Goodhue Board of Health as a separate entity from the joint Goodhue/Wabasha agency is attached. Section I. C. reads as follows:

**“Membership: The Goodhue PHS Board shall have five members composed of the County Commissioners of Goodhue County and up to two additional members appointed by the Goodhue PHS Board.”**

The Minnesota statute is permissive. Section 145A.03, Subd.4 says: “A board of health must have *at least* five members....”

C/Rehtzigel stated that as a Board we talked that if there were any major decisions to be made, we should hold off until all 5 Board members are present; perhaps we should put on the agenda for next month and take action next month.

C/Allen suggested that at the Welfare Board meeting the first order of business should be to ask the two members if they would be willing to serve on the Public Health Board and then bring it back to the next Public Health Board meeting.

C/Seifert stated that he appreciated holding off on the recommendation and stated that we are asking for two additional people voting on the public health levy, tax dollars, they are non-elected people.

C/Samuelson questioned if it limits to 2 additional members? Ms. Main indicated that was correct unless the resolution is changed, the statute does not specify.

## IX. New Business

C/Allen stated that he was at the Red Wing 2020 meeting and they both presented at that meeting, and they did an awesome job.

Vicki Iocco and Susan Johnson reviewed a Power Point presentation.

## XI. Committee Reports

A. PHS Advisory Committee

Next meeting is scheduled for April 13<sup>th</sup>, 2006.

B. South Country Health Alliance

Last scheduled meeting was cancelled due to weather. Regular meeting scheduled for next month.

C. SCHSAC – Ted Seifert

D. S.E. EMS Committee – Richard Samuelson

Have not met since last meeting.

**XII. Other**

**A) Approval of Disbursements**

Totaling \$33,006.55 for February 17<sup>th</sup>, 2006 – March 10<sup>th</sup>, 2006.

*Motion by C/Allen, second by C/Rechtzigel, motion carried to approve the above listed disbursements.*

**XIII. Adjournment**

*Motion by C/Rechtzigel, second by C/Allen, motion carried to adjourn the Public Health Board meeting.*

Respectfully Submitted:

Ronald Allen  
Secretary

Karen Main  
Director of Public Health